

لِإِمَامِ الْمُغَنِّيْنَ. مَرْمُورٌ لِدَاوُدَ.

¹إِنْتَظَرْتُ الرَّبَّ فَمَالَ إِلَيَّ وَسَمِعَ صَرَاجِي. ²وَأَصْعَدَنِي مِنْ جُبِّ الْهَلَاكِ، مِنْ طِينِ الْحَمَاءِ، وَأَقَامَ عَلَيَّ صَخْرَةً رِجْلِي، تَبَّتْ خُطَاوَيَّ. ³وَجَعَلَ فِي قَمِي تَرْزِيمَةً جَدِيدَةً تَسْبِيحَةً لِلْإِلَهِاتِ. كَثِيرُونَ يَرَوْنَ وَيَخَافُونَ وَيَتَوَكَّلُونَ عَلَى الرَّبِّ.

⁴طُوبَى لِلرَّجُلِ الَّذِي جَعَلَ الرَّبَّ مُكَلَّهُ وَلَمْ يَلْتَفِتْ إِلَى الْغَطَارِيسِ وَالْمُنْخَرِفِينَ إِلَى الْكَذِبِ. ⁵كثيراً ما جعلت أنت، أيها الربُّ إلهي، عَجَائِكَ وَأَفْكَارَكَ مِنْ جِهَتِنَا، لَا تُقَوْمُ لَدَيْكَ. لَأُخْبِرَنَّ وَأُنْكَلِمَنَّ بِهَا، زَادَتْ عَنِّي أَنْ تُعَدَّ. ⁶يَذِيبُهَا وَيَقْدِمُهَا لَمْ تُسَرَّ، أَدْنَيْتَنِي فَتَحْتُ. مُخْرَقَةً وَذِيبَةً حَاطِيَةً لَمْ تَطْلُبْ. ⁷جَيِّدٌ قُلْتُ: هُنَذَا جُنْتُ، يَدْرَجُ الْكِتَابُ مَكْتُوبٌ عَنِّي. ⁸أَنْ أَفْعَلَ مَشِيئَتَكَ، يَا إِلَهِي، سِرُّنِي، وَشَرِيعَتَكَ فِي وَسْطِ أَحْسَانِي. ⁹بَشَّرْتُ بِيْرَ فِي جَمَاعَةٍ عَظِيمَةٍ. هُوَذَا سَفَاتِي لَمْ أَمْتَعْهُمَا، أَنْتَ، يَا رَبِّ، عَلِمْتَ. ¹⁰لَمْ أَكُنْمْ عَذْلَكَ فِي وَسْطِ قَلْبِي، تَكَلَّمْتُ بِأَمَانَتِكَ وَخَلَاصِكَ. لَمْ أَهْفِ رَحْمَتَكَ وَحَقِّكَ عَنِ الْجَمَاعَةِ الْعَظِيمَةِ.

¹¹أَمَّا أَنْتَ، يَا رَبُّ، فَلَا تَمْنَعُ رَأْفَتَكَ عَنِّي، تَنْصُرْنِي رَحْمَتَكَ وَحَقِّكَ دَائِمًا. ¹²لَأَنْ شُرُورًا لَا يُحْصَى قَدْ اكْتَنَفْتَنِي. حَاقَتْ بِي آثَامِي وَلَا أَسْتَطِيعُ أَنْ أَبْصِرَ، كَثُرَتْ أَكْثَرَ مِنْ سَعْرِ رَأْسِي، وَقَلْبِي قَدْ تَرَكْنِي. ¹³إِزْنِي، يَا رَبُّ، يَا أَنْ تُجِيبَنِي. يَا رَبُّ، إِلَى مَعُونَتِي أَسْرِعْ. ¹⁴لِيَخْرَ وَلِيَجْلُ مَعَ الَّذِينَ يَطْلُبُونَ نَفْسِي لِإِهْلَاكِهَا، لِيَرْتَدَّ إِلَى الْوَرَاءِ وَلِيَخْرَ الْمَسْرُورُونَ بِأَدْبَتِي. ¹⁵لِيَسْتَوْجِشْ مِنْ أَجْلِ خُرْبِهِمُ الْقَائِلُونَ لِي: هَهُ، هَهُ. ¹⁶لِيَسْتَهْجِ وَيَفْرَحَ بِكَ جَمِيعُ طَالِبِيكَ، لِيَقُلْ أَبَدًا مَجْبُو خَلَاصِكَ: يَبْتَغِطُ الرَّبُّ. ¹⁷أَمَّا أَنَا فَمِسْكِينٌ وَبَائِسٌ، الرَّبُّ يَهْتُمُّ بِي. عَوْنِي وَمُنْقِذِي أَنْتَ، يَا إِلَهِي، لَا تُبْطِئْ.

¹To the chief Musician, A Psalm of David. I waited patiently for the LORD; and he inclined unto me, and heard my cry. ²He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings. ³And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD. ⁴Blessed is that man that maketh the LORD his trust, and respecteth not the proud, nor such as turn aside to lies. ⁵Many, O LORD my God, are thy wonderful works which thou hast done, and thy thoughts which are to us-ward: they cannot be reckoned up in order unto thee: if I would declare and speak of them, they are more than can be numbered. ⁶Sacrifice and offering thou didst not desire; mine ears hast thou opened: burnt offering and sin offering hast thou not required. ⁷Then said I, Lo, I come: in the volume of the book it is written of me, ⁸I delight to do thy will, O my God: yea, thy law is within my heart. ⁹I have preached righteousness in the great congregation: lo, I have not refrained my lips, O LORD, thou knowest. ¹⁰I have not hid thy righteousness within my heart; I have declared thy faithfulness and thy salvation: I have not concealed thy lovingkindness and thy truth from the great congregation. ¹¹Withhold not thou thy tender mercies from me, O LORD: let thy lovingkindness and thy truth continually preserve me. ¹²For innumerable evils have compassed me about: mine iniquities have taken hold upon me, so that I am not able to look up; they are more than the hairs of

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mine head: therefore my heart faileth me.¹³ Be pleased, O LORD, to deliver me: O LORD, make haste to help me.¹⁴ Let them be ashamed and confounded together that seek after my soul to destroy it; let them be driven backward and put to shame that wish me evil.¹⁵ Let them be desolate for a reward of their shame that say unto me, Aha, aha.¹⁶ Let all those that seek thee rejoice and be glad in thee: let such as love thy salvation say continually, The LORD be magnified.¹⁷ But I am poor and needy; yet the Lord thinketh upon me: thou art my help and my deliverer; make no tarrying, O my God.