¹A Song of degrees. Many a time have they afflicted me from my youth, may Israel now say: ²Many a time have they afflicted me from my youth: yet they have not prevailed against me. ³The plowers plowed upon my back: they made long their furrows. ⁴The LORD is righteous: he hath cut asunder the cords of the wicked. ⁵Let them all be

confounded and turned back that hate Zion. Let them be as the grass upon the housetops, which withereth afore it groweth up: Wherewith the mower filleth not his hand; nor he that bindeth sheaves his bosom. Neither do they which go by say, The blessing of the LORD be upon you: we bless you in the name of the LORD.