<sup>1</sup>A Prayer of the afflicted, when he is overwhelmed, and poureth out his complaint before the LORD. Hear my prayer, O LORD, and let my cry come unto thee.<sup>2</sup>Hide not thy face from me in the day when I am in trouble: incline thine ear unto me: in the day when I call answer me speedily.<sup>3</sup>For my days are consumed like smoke, and my bones are burned as an hearth.<sup>4</sup>My heart is smitten, and withered like grass; so that I forget to eat my bread.<sup>5</sup>By reason of the voice of my groaning my bones cleave to my skin.<sup>6</sup>I am like a pelican of the wilderness: I am like an owl of the desert.'I watch, and am as a sparrow alone upon the house top.<sup>8</sup>Mine enemies reproach me all the day; and they that are mad against me are sworn against me.<sup>9</sup>For I have eaten ashes like bread, and mingled my drink with weeping,<sup>10</sup>Because of thine indignation and thy wrath: for thou hast lifted me up, and cast me down.<sup>11</sup>My days are like a shadow that declineth; and I am withered like grass.<sup>12</sup>But thou, O LORD, shalt endure for ever; and thy remembrance unto all generations.<sup>13</sup>Thou shalt arise, and have mercy upon Zion: for the time to favour her, yea, the set time, is come.<sup>14</sup>For thy servants take pleasure in her stones, and favour the dust thereof.<sup>15</sup>So the heathen shall fear the name of the LORD, and all the kings of the earth thy glory.<sup>16</sup>When the LORD shall build up Zion, he shall appear in his glory.<sup>17</sup>He will regard the prayer of the destitute, and not despise their prayer.<sup>18</sup>This shall be written for the generation to come: and the people which

shall be created shall praise the LORD.<sup>19</sup>For he hath looked down from the height of his sanctuary; from heaven did the LORD behold the earth;<sup>20</sup>To hear the groaning of the prisoner; to loose those that are appointed to death;<sup>21</sup>To declare the name of the LORD in Zion, and his praise in Jerusalem;<sup>22</sup>When the people are gathered together, and the kingdoms, to serve the LORD.<sup>23</sup>He weakened my strength in the way; he shortened my days.<sup>24</sup>I said, O my God, take me not away in the midst of my days: thy years are throughout all generations.<sup>25</sup>Of old hast thou laid the foundation of the earth: and the heavens are the work of thy hands.<sup>26</sup>They shall perish, but thou shalt endure: yea, all of them shall wax old like a garment; as a vesture shalt thou change them, and they shall be changed:<sup>27</sup>But thou art the same, and thy years shall have no end.<sup>28</sup>The children of thy servants shall continue, and their seed shall be established before thee.