¹To the chief Musician Shushaneduth, Michtam of David, to teach: when he strove with Aramnaharaim and with Aramzobah, when Joab returned, and smote of Edom in the valley of salt twelve thousand. O God, thou hast cast us off, thou hast scattered us, thou hast been displeased; O turn thyself to us again. Thou hast made the earth to tremble: thou hast broken it: heal the breaches thereof: for it shaketh. Thou hast shewed thy people hard things: thou hast made us to drink the wine of astonishment. Thou hast given a banner to them that fear thee, that it may be displayed because of the truth. Selah. That thy beloved may be delivered; save with thy right hand, and hear me. God hath spoken in his holiness; I will rejoice, I will divide Shechem, and mete out the valley of Succoth. Gilead is mine, and Manasseh is mine; Ephraim also is the strength of mine head: Judah is my lawgiver: Moab is my washpot; over Edom will I cast out my shoe: Philistia, triumph thou because of me. Who will bring me into the strong city? who will lead me into Edom? 10 Wilt not thou, O God, which hadst cast us off? and thou, O God, which didst not go out with our armies?¹¹Give us help from trouble: for vain is the help of man. 12 Through God we shall do valiantly: for he it is that shall tread down our enemies.