

مَرْمُورٌ لِدَاوُدَ.

¹A Psalm of David. Hear my prayer, O LORD, give ear to my supplications: in thy faithfulness answer me, and in thy righteousness.²And enter not into judgment with thy servant: for in thy sight shall no man living be justified.³For the enemy hath persecuted my soul; he hath smitten my life down to the ground; he hath made me to dwell in darkness, as those that have been long dead.⁴Therefore is my spirit overwhelmed within me; my heart within me is desolate.⁵I remember the days of old; I meditate on all thy works; I muse on the work of thy hands.⁶I stretch forth my hands unto thee: my soul thirsteth after thee, as a thirsty land. Selah.⁷Hear me speedily, O LORD: my spirit faileth: hide not thy face from me, lest I be like unto them that go down into the pit.⁸Cause me to hear thy lovingkindness in the morning; for in thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto thee.⁹Deliver me, O LORD, from mine enemies: I flee unto thee to hide me.¹⁰Teach me to do thy will; for thou art my God: thy spirit is good; lead me into the land of uprightness.¹¹Quicken me, O LORD, for thy name's sake: for thy righteousness' sake bring my soul out of trouble.¹²And of thy mercy cut off mine enemies, and destroy all them that afflict my soul: for I am thy servant.

¹يَا رَبِّ، اسْمَعْ صَلَاتِي وَأَصْغِ إِلَى تَضَرُّعَاتِي، بِأَمَانَتِكَ اسْتَجِبْ لِي بِعَذْلِكَ.²وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَتَبَرَّرَ قُدَّامَكَ حَيًّا.³لَأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، سَخَقَ إِلَى الْأَرْضِ حَيَاتِي، أَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتَى مُنْذُ الدَّهْرِ.⁴أُعْيَتْ فِي رُوحِي، تَحَيَّرْتُ فِي دَاخِلِي قَلْبِي.⁵تَذَكَّرْتُ أَيَّامَ الْقَدَمِ، لَهَجْتُ بِكُلِّ أَعْمَالِكَ، يَصْنَعُ يَدَيْكَ أَتَمَلُّ.⁶بَسَطْتُ إِلَيْكَ يَدَيَّ، نَفْسِي تَحْوِكَ كَأَرْضٍ بِأَيْسَةٍ. سِلَاهُ.⁷أَسْرِعْ أَجِبْنِي، يَا رَبِّ. فَيَنْتِ رُوحِي. لَا تَحْجُبْ وَجْهَكَ عَنِّي فَأَشْبِهَ الْهَابِطِينَ فِي الْجُبِّ.⁸أَسْمِعْنِي، رَحْمَتِكَ فِي الْعَدَاةِ، لِأَنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفْنِي الطَّرِيقَ الَّتِي أَسْأَلُكَ فِيهَا، لِأَنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. أَنْقِذْنِي مِنْ أَعْدَائِي، يَا رَبِّ، إِلَيْكَ التَّجَاؤُ.⁹عَلِّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوْحُكَ الصَّالِحُ يَهْدِينِي فِي أَرْضٍ مُسَوَّيَةٍ.¹⁰مِنْ أَجْلِ اسْمِكَ، يَا رَبِّ، تُجِيبْنِي. بِعَذْلِكَ تُخْرِجُ مِنَ الضِّيقِ نَفْسِي.¹²وَبِرَحْمَتِكَ تَسْتَأْصِلُ أَعْدَائِي وَتُبِيدُ كُلَّ مُضَايِقِي نَفْسِي، لِأَنِّي أَنَا عَبْدُكَ.