نَرْنِيمَةُ الْمَصَاعِدِ.

اللَّهَ السَّمَاوَاتِ. هُوَدَا كَمَا لَا سَاكِناً فِي السَّمَاوَاتِ. هُوَدَا كَمَا أَنَّ عَيْنَي أَنَّ عَيْنَي السَّمَاوَاتِ. هُوَدَا كَمَا أَنَّ عَيْنَي أَنَّ عَيْنِي سَادَتِهِمْ، كَمَا أَنَّ عَيْنَي الْجَارِيَةِ نَحْوَ الرَّبِّ، إِلَهِتَا، الْجَارِيَةِ نَحْوَ الرَّبِّ، إِلَهِتَا، تَتَى يَتَرَأُفَ عَلَيْنَا. أَوْحَمْنَا، يَا رَبُّ، ارْحَمْنَا، لَأَنْنَا كَثِيراً مَا هُتَلَانَا مَوَاناً. كُثِيراً مَا شَبِعَتْ أَنْفُسُنَا مِنْ هُنْ هُنْ هُنْ الْمُسْتَرِيضِينَ وَإِهَانَةِ الْمُسْتَكْبِرِينَ.

A Song of degrees. Unto thee lift I up mine eyes, O thou that dwellest in the heavens. Behold, as the eyes of servants look unto the hand of their masters, and as the eyes of a maiden unto the hand of her mistress; so our eyes wait upon the LORD our God, until that he have mercy upon us. Have mercy upon us, O LORD, have mercy upon us: for we are exceedingly filled with contempt. Our soul is exceedingly filled with the scorning of those that are at ease, and with the contempt of the proud.