

¹أَحْبَبْتُ، لِأَنَّ الرَّبَّ يَسْمَعُ صَوْنِي، ²لَأَنَّهُ أَمَالَ
أُدْنُهُ إِلَيَّ فَأَدْعُوهُ مُدَّةَ حَيَاتِي. ³اَكْتَفَيْتَنِي حَبَالُ الْمَوْتِ،
أَصَابْتَنِي شِدَائِدُ الْهَوَايَةِ، كَابَدْتُ ضَيْقًا وَحُزْنًا. ⁴وَبِاسْمِ
الرَّبِّ دَعَوْتُ: آه، يَا رَبُّ، نَجِّ نَفْسِي. ⁵الرَّبُّ حَيَّانٌ
وَصِدِّيقٌ، وَلِهَذَا رَجِيتُ. ⁶الرَّبُّ خَافِطُ الْبُسْطَاءِ، تَدَلَّلْتُ
فَحَلَّصَنِي. ⁷أَرْجِعِي، يَا نَفْسِي، إِلَى رَاحَتِكَ، لِأَنَّ الرَّبَّ قَدْ
أَحْسَنَ إِلَيْكَ. ⁸لَأَنَّكَ أَنْقَذْتَ نَفْسِي مِنَ الْمَوْتِ، وَعَيْنِي مِنَ
الذَّمْعَةِ، وَرَجَلِي مِنَ الرَّقِ. ⁹أَسْلَكَ قُدَّامَ الرَّبِّ فِي أَرْضِ
الْأَحْيَاءِ.

¹⁰أَمَنْتُ لِدَلِّكَ تَكَلَّمْتُ: أَتَا تَدَلَّلْتُ جِدًّا. ¹¹أَنَا قُلْتُ فِي
خَيْرَتِي: كُلُّ إِنْسَانٍ كَاذِبٌ. ¹²مَاذَا أُرِدُّ لِلرَّبِّ مِنْ أَجْلِ كُلِّ
خَسَاتِي لِي؟ ¹³كَأَسَ الْخَلَّاصِ أَتَّأَوَّلُ وَبِاسْمِ الرَّبِّ
أَدْعُو. ¹⁴أَوْفِي نُذُورِي لِلرَّبِّ مُقَابِلَ كُلِّ شَعْبِهِ. ¹⁵
¹⁵عَزِيزٌ فِي عَيْنِي الرَّبُّ مَوْتُ أَنْفِيَانِهِ. ¹⁶آه، يَا رَبُّ، لِأَنِّي
عَبْدُكَ، أَتَا عَبْدُكَ ابْنُ أَمَتِكَ. حَلَلْتُ قُبُورِي. ¹⁷فَلَكَ أَذْبَحُ
دَبِيحَةَ حَمْدٍ وَبِاسْمِ الرَّبِّ أَدْعُو. ¹⁸أَوْفِي نُذُورِي لِلرَّبِّ
مُقَابِلَ شَعْبِهِ، ¹⁹فِي دِيَارِ بَيْتِ الرَّبِّ، فِي وَسْطِكَ، يَا
أَوْرُسَلِيمُ. هَلَلُوبَا.

¹I love the LORD, because he hath heard my voice and my supplications. ²Because he hath inclined his ear unto me, therefore will I call upon him as long as I live. ³The sorrows of death compassed me, and the pains of hell gat hold upon me: I found trouble and sorrow. ⁴Then called I upon the name of the LORD; O LORD, I beseech thee, deliver my soul. ⁵Gracious is the LORD, and righteous; yea, our God is merciful. ⁶The LORD preserveth the simple: I was brought low, and he helped me. ⁷Return unto thy rest, O my soul; for the LORD hath dealt bountifully with thee. ⁸For thou hast delivered my soul from death, mine eyes from tears, and my feet from falling. ⁹I will walk before the LORD in the land of the living. ¹⁰I believed, therefore have I spoken: I was greatly afflicted: ¹¹I said in my haste, All men are liars. ¹²What shall I render unto the LORD for all his benefits toward me? ¹³I will take the cup of salvation, and call upon the name of the LORD. ¹⁴I will pay my vows unto the LORD now in the presence of all his people. ¹⁵Precious in the sight of the LORD is the death of his saints. ¹⁶O LORD, truly I am thy servant; I am thy servant, and the son of thine handmaid: thou hast loosed my bonds. ¹⁷I will offer to thee the sacrifice of thanksgiving, and will call upon the name of the LORD. ¹⁸I will pay my vows unto the LORD now in the presence of all his people, ¹⁹In the courts of the LORD's house, in the midst of thee, O Jerusalem. Praise ye the LORD.