¹Is there not an appointed time to man upon earth? are not his days also like the days of an hireling?²As a servant earnestly desireth the shadow, and as an hireling looketh for the reward of his work: So am I made to possess months of vanity, and wearisome nights are appointed to me. When I lie down, I say, When shall I arise, and the night be gone? and I am full of tossings to and fro unto the dawning of the day. 5 My flesh is clothed with worms and clods of dust; my skin is broken, and become loathsome. My days are swifter than a weaver' shuttle, and are spent without hope. O remember that my life is wind: mine eye shall no more see good. The eye of him that hath seen me shall see me no more: thine eyes are upon me, and I am not. As the cloud is consumed and vanisheth away: so he that goeth down to the grave shall come up no more. 10 He shall return no more to his house, neither shall his place know him any more. 11 Therefore I will not refrain my mouth; I will speak in the anguish of my spirit; I will complain in the bitterness of my soul. 12 Am I a sea, or a whale, that thou settest a watch over me?¹³When I say, My bed shall comfort me, my couch shall ease my complaint; 14 Then thou scarest me with dreams, and terrifiest me through visions: 15 So that my soul chooseth strangling, and death rather than my life. 16 I loathe it; I would not live alway: let me alone; for my days are vanity. 17 What is man, that thou shouldest magnify him? and that thou shouldest set thine heart upon him? 18 And that thou shouldest visit ُ أَلَيْسَتْ حَيَاةُ الإِنْسَانِ جِهَاداً عَلَى الأَرْضِ، وَكَأَيَّامِ الأَجيرِ أَيَّامُهُ. 2كَمَا يَتَشَوَّقُ الْعَبْدُ إِلَى الظِّلِّ، وَكَمَا يَتَرَجَّى الأَجِيرُ أُجْرَتَهُ، هَكَذَا تَعَيَّنَ لِي أَشْهَرُ سُوءِ، وَلَيَالِي شَقَاءِ قُسمَتْ لِي. 4إِذَا اصْطَجَعْتُ أَقُولُ مَتَى أَقُومُ. اللَّيْلُ يَطُولُ وَأَشْبَعُ قَلَقاً َحَتَّى الصُّبْح. ۚ لَبسَ لَحْمِيَ الدُّودُ مِعَ الطِّينِ. جأ تَشَقَّقَ وَتَقَيَّحَ. ۚ أَيَّامِي أَسْرَعُ مِنَ الْمَكُّوكِ، وَتَنْتَهِي بِغَيْرِ رَجَاءِ. ٓ أُذْكُرُ ۚ أَنَّ حَيَاتِي إِنَّمَا هِيَ رِيحٌ وَعَيْنِي لاَ تَعُودُ تَرَى خَيْراً. ْلاَ تَرَانِي عَيْنُ نَاظِرِي. عَيْنَاكَ عَلَيَّ وَلَسْتُ أَنَا. والسَّحَابُ يَضْمَحِلُّ وَيَرُولُ. هَكَذَا الَّذِي يَنْزِلُ إِلَى الْهَاوِيَةِ لاَ يَصْعَدُ. 10لاَ يَرْجعُ يَعْدُ إِلَى يَنْتِهِ وَلاَ يَعْرِفُهُ مَكَانُهُ ىَعْدُ. ٰ ٰ اَٰ أَنْ اَ أَنْ اَ أَمْنَهُ فَمِي. أَتَكَلَّمُ بِضِيقٍ رُوحِي. أَشْكُو بِمَرَارَة نَفْسِي. 12أُبَحْرٌ أَنَا أَمْ تِنِّينٌ حَتَّى جَعَلْتَ حَارِ سـاً.13إِنْ قُلْـتُ، فِرَاشِـي يُعَـزِّينِي، مَضْحَعـي ُثُرِيعُنِي بِالأَحْلاَمِ وَتُرْهِبُنِي بِرُؤِّي، 15فَاخْتَارَتْ نَفْسى الْخَنْقَ وَالْمَوْتَ عَلَى عِظَامِي هَذِهِ.¹⁶قَدْ ذُبْتُ. لاَ إِلَى الأَبَدِ أَحْبَا. كُفَّ عَنِّي لأَنَّ أَتَّامِي نَفْخَـةٌ.17مَا هُـوَ الإِنْسَانُ حَتَّى تَعْتَىرَهُ وَحَتَّى تَضَعَ عَلَيْه قَلْنَكَ، أُوَتَتَعَهَّدَهُ كُلُّ صَبَاح، وَكُلُّ لَحْظَة تَمْتَحنُهُ. أُوَتَّى مَتَى لاَ تَلْتَفْتُ عَنِّي وَلاَ تُرْخِينِي رَيْتَمَا أَبْلَعُ رِيقِي. 20أَأْخْطَأْتُ. مَاذَا أَفْعَلُ لَكَ يَا رَقِيبَ النَّاسِ. لِمَاذَا جَعَلْتَنِي هَدَفاً لَكَ حَتَّى أَكُونَ عَلَى نَفْسِي حِمْلاً.²¹َوَلِمَاذَا لاَ تَغْفِرُ ذَنْبِي وَلاَ تُزيلُ إِثْمِي لأَنِّي الآنَ أَضْطَجِعُ فِي التُّرَابِ. تَطْلُبُنِي فَلاَ أَكُونُ..

him every morning, and try him every moment?¹⁹How long wilt thou not depart from me, nor let me alone till I swallow down my spittle?²⁰I have sinned; what shall I do unto thee, O thou preserver of men? why hast thou set me as a mark against thee, so that I am a burden to myself?²¹And why dost thou not pardon my transgression, and take away mine iniquity? for now shall I sleep in the dust; and thou shalt seek me in the morning, but I shall not be.