

¹A Song or Psalm for the sons of Korah, to the chief Musician upon Mahalath Leannoth, Maschil of Heman the Ezrahite. O LORD God of my salvation, I have cried day and night before thee:²Let my prayer come before thee: incline thine ear unto my cry;³For my soul is full of troubles: and my life draweth nigh unto the grave.⁴I am counted with them that go down into the pit: I am as a man that hath no strength:⁵Free among the dead, like the slain that lie in the grave, whom thou rememberest no more: and they are cut off from thy hand.⁶Thou hast laid me in the lowest pit, in darkness, in the deeps.⁷Thy wrath lieth hard upon me, and thou hast afflicted me with all thy waves. Selah.⁸Thou hast put away mine acquaintance far from me; thou hast made me an abomination unto them: I am shut up, and I cannot come forth.⁹Mine eye mourneth by reason of affliction: LORD, I have called daily upon thee, I have stretched out my hands unto thee.¹⁰Wilt thou shew wonders to the dead? shall the dead arise and praise thee? Selah.¹¹Shall thy lovingkindness be declared in the grave? or thy faithfulness in destruction?¹²Shall thy wonders be known in the dark? and thy righteousness in the land of forgetfulness?¹³But unto thee have I cried, O LORD; and in the morning shall my prayer prevent thee.¹⁴LORD, why castest thou off my soul? why hidest thou thy face from me?¹⁵I am afflicted and ready to die from my youth up: while I suffer thy terrors I am distracted.¹⁶Thy fierce wrath goeth over me; thy terrors have cut me off.¹⁷They came round about me daily like

تَسْبِيحُهُ. مَزْمُورٌ لِتَنِي قُورَح. لِإِمَامِ الْمُتَعَبِّينَ
عَلَى الْعُودِ لِلْعَنَاءِ. قَصِيدَةٌ لِهَيْمَانَ الْأَزْرَاجِيِّ.
¹يَا رَبُّ، إِلَهَ خَلَّصْنِي، بِالنَّهَارِ وَاللَّيْلِ صَرَخْتُ
أَمَامَكَ.²قَلْتَنَاتِ قُدَّامَكَ صَلَاتِي، أَمِلْ أَدْنَكَ إِلَيَّ
صَرَخِي.³لَئِنَّهُ قَدْ شَبِعْتَ مِنَ الْمَصَائِبِ نَفْسِي، وَخَبَاتِي
إِلَى الْهَوَايَةِ دَنَتْ.⁴خُسِبْتُ مِثْلَ الْمُتَحَدِّرِينَ إِلَى الْجُبِّ،
صِرْتُ كَرَجُلٍ لَا قُوَّةَ لَهُ.⁵بَيْنَ الْأَمْوَاتِ فَرَّاشِي مِثْلُ
الْقَتْلَى الْمُضْطَجِعِينَ فِي الْقَبْرِ، الَّذِينَ لَا تَذْكُرُهُمْ بَعْدُ
وَهُمْ مِنْ يَدِكَ انْقَطَعُوا.⁶وَصَغْتَنِي فِي الْجُبِّ الْأَسْفَلِ،
فِي ظُلُمَاتٍ، فِي أَعْمَاقٍ.⁷عَلَيَّ اسْتَقَرَّ عَضْبُكَ وَبَكَلَ
تَبَارَاتُكَ ذَلَّتْنِي. سِلَاحُ.⁸أَبْعَدْتَ عَنِّي مَعَارِفِي، جَعَلْتَنِي
رَجْسًا لَهُمْ. أَغْلِقْ عَلَيَّ فَمَا أُخْرِجْ.⁹عَيْنِي دَابَتْ مِنَ الدَّلِيلِ.
دَعَوْتُكَ، يَا رَبُّ، كُلَّ يَوْمٍ، بَسَطْتُ إِلَيْكَ يَدَيَّ.
¹⁰أَفَلَعَلَّكَ لِلْأَمْوَاتِ تَصْنَعُ عَجَائِبَ، أَمْ الْأَحْيَاءُ تَقُومُ
تُجَدِّدُكَ؟ سِلَاحُ.¹¹هَلْ يُحَدِّثُ فِي الْقَبْرِ بِرَحْمَتِكَ أَوْ بِحَقِّكَ
فِي الْهَلَاكِ؟¹²هَلْ تُعْرِفُ فِي الظُّلْمَةِ عَجَائِبُكَ وَبُرُوكَ فِي
أَرْضِ السَّيِّئَانِ؟
¹³أَمَّا أَنَا فَإِلَيْكَ، يَا رَبُّ، صَرَخْتُ، وَفِي الْعَدَاةِ صَلَاتِي
تَتَقَدَّمُكَ.¹⁴لِمَاذَا، يَا رَبُّ، تَرْفُضُ نَفْسِي؟ لِمَاذَا تَحْجُبُ
وَجْهَكَ عَنِّي؟¹⁵أَنَا مِسْكِينٌ وَمُسْتَلِمُ الرُّوحِ مِنْذُ صَبَايَ،
اخْتَمَلْتُ أَهْوَالَكَ، تَحَيَّرْتُ.¹⁶عَلَيَّ عَبَّرَ سَخَطُكَ، أَهْوَالُكَ
أَهْلَكْتَنِي.¹⁷أَخَاطُ بِكَ كَالْمَيَّاهِ الْيَوْمَ كُلَّهُ، أَكْتَفِيْنِي
مَعًا.¹⁸أَبْعَدْتَ عَنِّي مُجِبًّا وَصَاحِبًا. مَعَارِفِي فِي الظُّلْمَةِ.

water; they compassed me about
together.¹⁸ Lover and friend hast thou put
far from me, and mine acquaintance into
darkness.