

¹To the chief Musician, Altaschith, Michtam of David, when he fled from Saul in the cave. Be merciful unto me, O God, be merciful unto me: for my soul trusteth in thee: yea, in the shadow of thy wings will I make my refuge, until these calamities be overpast.²I will cry unto God most high; unto God that performeth all things for me.³He shall send from heaven, and save me from the reproach of him that would swallow me up. Selah. God shall send forth his mercy and his truth.⁴My soul is among lions: and I lie even among them that are set on fire, even the sons of men, whose teeth are spears and arrows, and their tongue a sharp sword.⁵Be thou exalted, O God, above the heavens; let thy glory be above all the earth.⁶They have prepared a net for my steps; my soul is bowed down: they have digged a pit before me, into the midst whereof they are fallen themselves. Selah.⁷My heart is fixed, O God, my heart is fixed: I will sing and give praise.⁸Awake up, my glory; awake, psaltery and harp: I myself will awake early.⁹I will praise thee, O Lord, among the people: I will sing unto thee among the nations.¹⁰For thy mercy is great unto the heavens, and thy truth unto the clouds.¹¹Be thou exalted, O God, above the heavens: let thy glory be above all the earth.

لِإِمَامِ الْمُغَنِّيْنَ. عَلَى لَا تُهْلِكْ. مَدَّهَتْ لِدَاوُدَ
عِنْدَمَا هَرَبَ مِنْ قُدَّامِ سَاوُلَ فِي الْمَغَارَةِ.
¹ارْحَمْنِي، يَا إِلَهُ، ارْحَمْنِي، لِأَنَّهُ بِكَ اخْتَمَتَ نَفْسِي
وَبَطَلْتُ جَنَاحَيْكَ أَحْتَمِي إِلَى أَنْ تَعْبُرَ الْمَصَائِبَ.²أَصْرُخُ
إِلَى إِلَهِ الْعَالَمِينَ، إِلَى إِلَهِ الْمَخَامِي عَنِّي.³يُرْسِلُ مِنَ
السَّمَاءِ وَيُخَلِّصُنِي، غَيْرَ الَّذِي يَتَّهَمُونِي. سِلَاهُ. يُرْسِلُ
إِلَهُ رَحْمَتَهُ وَخَفَّهُ.⁴نَفْسِي بَيْنَ الْأَشْبَالِ، أَصْطَلِجُ بَيْنَ
الْمُتَقِدِّينَ بَنِي آدَمَ. أَسْتَأْنِثُهُمْ أَسِنَّةً وَسِهَامًا وَلِسَانَهُمْ
سَيْفٌ مَاضٍ.⁵ارْتَفِعْ، اللَّهُمَّ، عَلَى السَّمَاوَاتِ، لِيَرْتَفِعْ عَلَى
كُلِّ الْأَرْضِ مَجْدُكَ.⁶هَيَّاوَا سَبَكَةً لِيَخْطُوَانِي، انْحَثَتْ
نَفْسِي. حَقَرُوا قُدَّامِي خُفْرَةً، سَقَطُوا فِي وَسْطِهَا.
سِلَاهُ.
⁷تَابِثٌ قَلْبِي، يَا إِلَهُ، تَابِثٌ قَلْبِي. أُغْنِي وَأُرْتِّمُ.⁸اسْتَيْقِظْ،
يَا مَجْدِي، اسْتَيْقِظِي، يَا رَبَّابُ وَيَا غُودُ، أَنَا اسْتَيْقِظُ
سَخِرًا.⁹أَحْمَدُكَ بَيْنَ الشُّعُوبِ، يَا رَبُّ، أُرْتِّمُ لَكَ بَيْنَ
الْأُمَمِ. لِأَنَّ رَحْمَتَكَ قَدْ عَظُمَتْ إِلَى السَّمَاوَاتِ وَإِلَى
الْعَمَامِ خُفُّكَ.¹¹ارْتَفِعْ، اللَّهُمَّ، عَلَى السَّمَاوَاتِ، لِيَرْتَفِعْ
عَلَى كُلِّ الْأَرْضِ مَجْدُكَ.