

¹To the chief Musician upon Jonathelemrechokim, Michtam of David, when the Philistines took him in Gath. Be merciful unto me, O God: for man would swallow me up; he fighting daily oppresseth me.²Mine enemies would daily swallow me up: for they be many that fight against me, O thou most High.³What time I am afraid, I will trust in thee.⁴In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.⁵Every day they wrest my words: all their thoughts are against me for evil.⁶They gather themselves together, they hide themselves, they mark my steps, when they wait for my soul.⁷Shall they escape by iniquity? in thine anger cast down the people, O God.⁸Thou tellest my wanderings: put thou my tears into thy bottle: are they not in thy book?⁹When I cry unto thee, then shall mine enemies turn back: this I know; for God is for me.¹⁰In God will I praise his word: in the LORD will I praise his word.¹¹In God have I put my trust: I will not be afraid what man can do unto me.¹²Thy vows are upon me, O God: I will render praises unto thee.¹³For thou hast delivered my soul from death: wilt not thou deliver my feet from falling, that I may walk before God in the light of the living?

مُذَهَّبَةً لِدَاوُدَ عِنْدَمَا أَخَذَهُ الْفِلِسْطِينِيُّونَ فِي جَث.

¹إِرْحَمْنِي، يَا إِلَهُ، لِأَنَّ الْإِنْسَانَ يَتَهَمَّمُنِي وَالْيَوْمَ كُلَّهُ مُحَارِبًا يُضَايِقُنِي.²تَهَمَّمُنِي أَعْدَائِي الْيَوْمَ كُلَّهُ لِأَنَّ كَثِيرِينَ يُقَاوِمُونَنِي يَكْتِرِبَاءَ.³فِي يَوْمٍ خَوْفِي أَبَا عَلَيْكَ أَتَكِلُ.⁴إِلَهُ أَفْتَخِرْ بِكَلَامِهِ، عَلَى اللَّهِ تَوَكَّلْتُ فَلَا أَخَافُ. مَاذَا يَصْنَعُهُ بِي الْبَشَرُ؟⁵الْيَوْمَ كُلَّهُ يُحَرِّفُونَ كَلَامِي، عَلَيَّ كُلُّ أَفْكَارِهِمْ بِالشَّرِّ.⁶يَجْتَمِعُونَ، يَخْتَفُونَ، يُلَاحِظُونَ خُطَوَاتِي عِنْدَمَا تَرَصَّدُوا نَفْسِي.⁷عَلَى إِنْهُمْ جَارِهِمْ، يَعْصِبُ أَخْضِعَ الشُّعُوبَ، يَا إِلَهُ. تَيْهَانِي رَاقِبْتَ، أَجْعَلْ أَنْتَ دُمُوعِي فِي زَقِّكَ. أَمَا هِيَ فِي سِفْرِكَ؟⁹جَبِينِي تَرْتَدُّ أَعْدَائِي إِلَى الْوَرَاءِ فِي يَوْمٍ أَدْعُوكَ فِيهِ. هَذَا قَدْ عَلِمْتُهُ لِأَنَّ اللَّهَ لِي.¹⁰إِلَهُ أَفْتَخِرْ بِكَلَامِهِ، الرَّبُّ أَفْتَخِرْ بِكَلَامِهِ.¹¹عَلَى اللَّهِ تَوَكَّلْتُ فَلَا أَخَافُ. مَاذَا يَصْنَعُهُ بِي الْإِنْسَانُ؟¹²إِلَهُمَّ عَلَيَّ نُذُورُكَ، أَوْفِي دَبَائِحِ سُكْرِ لَكَ.¹³لَأَنَّكَ تَجَيْتَ نَفْسِي مِنَ الْمَوْتِ، نَعَمْ، وَرَجَلِي مِنَ الرَّلْقِ، لِكَيْ أُسِيرَ قُدَّامَ اللَّهِ فِي ثَوَرِ الْأَحْيَاءِ.