

¹To the chief Musician for the sons of Korah, A Song upon Alamoth. God is our refuge and strength, a very present help in trouble.²Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea;³Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. Selah.⁴There is a river, the streams whereof shall make glad the city of God, the holy place of the tabernacles of the most High.⁵God is in the midst of her; she shall not be moved: God shall help her, and that right early.⁶The heathen raged, the kingdoms were moved: he uttered his voice, the earth melted.⁷The LORD of hosts is with us; the God of Jacob is our refuge. Selah.⁸Come, behold the works of the LORD, what desolations he hath made in the earth.⁹He maketh wars to cease unto the end of the earth; he breaketh the bow, and cutteth the spear in sunder; he burneth the chariot in the fire.¹⁰Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.¹¹The LORD of hosts is with us; the God of Jacob is our refuge. Selah.

لِإِمَامِ الْمُتَعَبِّينَ. لَبَنِي فُورَخَ. عَلَى الْجَوَابِ.
تَرْيِمَةً.

¹إِلَهُ لَنَا مَلْجَأٌ وَقُوَّةٌ، عَوْناً فِي الضِّيقَاتِ وَجِدْ سُدِيداً.²لِذَلِكَ لَا نَخْشَى وَلَوْ تَرَحَّرَتِ الْأَرْضُ وَلَوْ انْقَلَبَتِ الْجِبَالُ إِلَى قَلْبِ الْبَحَارِ.³تَبْعٌ وَتَحِيشٌ مِيَاهُهَا، تَتَرَعَّرُ الْجِبَالُ بِطُمُوءِهَا. سِلَاهَ.

⁴تَهْرُ سَوَاقِيهِ تُفَرِّخُ مَدِينَةَ اللَّهِ، مَقْدِسَ مَسَاكِينِ الْعَالِيِّ.⁵اللَّهُ فِي وَسْطِهَا قَلَنْ تَتَرَعَّرُ، يُعِينُهَا اللَّهُ عِنْدَ إِقْبَالِ الصُّبْحِ.⁶عَجَّتِ الْأُمَمُ، تَرَعَّرَتِ الْمَمَالِكُ، أُعْطِيَ صَوْتُهُ، ذَابَتْ الْأَرْضُ.⁷رَبُّ الْجُنُودِ مَعَنَا، مَلْجَأُنَا إِلَهُ يَعْقُوبَ. سِلَاهَ.

⁸هَلُمُّوا، انْظُرُوا أَعْمَالَ اللَّهِ، كَيْفَ جَعَلَ خِرباً فِي الْأَرْضِ.⁹مُسَكَّنُ الْخُرُوبِ إِلَى أَقْصَى الْأَرْضِ، يَكْسِرُ الْقُوسَ وَيَقْطَعُ الرُّمْحَ، الْمَرْكَبَاتِ يُخْرِقُهَا بِالنَّارِ.¹⁰كُفُّوا وَاعْلَمُوا أَنِّي أَنَا اللَّهُ. أَتَعَالَى بَيْنَ الْأُمَمِ، أَتَعَالَى فِي الْأَرْضِ.¹¹رَبُّ الْجُنُودِ مَعَنَا، مَلْجَأُنَا إِلَهُ يَعْقُوبَ. سِلَاهَ.