

صَلَاةُ لِمُوسَى، رَجُلِ اللَّهِ.

¹ يَا رَبُّ، مَلَجَأُ كُنْتُ لَنَا فِي دَوْرٍ قَدَوْرٍ. ² مِنْ قَبْلِ أَنْ تُوَلِّدَ الْجِبَالَ أَوْ أَبْدَأْتَ الْأَرْضَ وَالْمَسْكُونَةَ، مُنْذُ الْأَزَلِ إِلَى الْآبِدِ أَنْتَ اللَّهُ. ³ تُزْجِعُ الْإِنْسَانَ إِلَى الْعُبَارِ وَتَقُولُ: ارْجِعُوا، يَا بَنِي آدَمَ. ⁴ لِأَنَّ أَلْفَ سَنَةٍ فِي عَيْنَيْكَ مِثْلُ يَوْمٍ أَمْسَ بَعْدَ مَا عَبَّرَ وَكَهَزِعَ مِنَ اللَّيْلِ. ⁵ جَرَفْتَهُمْ، كَسَيْتَهُ يَكُونُونَ، بِالْعَدَاةِ كَعُشْبٍ يَرُؤُلُ. ⁶ بِالْعَدَاةِ يَرْهَرُ قَيُّوْلُ، عِنْدَ الْمَسَاءِ يَجْرُ قَيِّسُ.

⁷ لَأَنَّا قَدْ قَنِينَا، بِسَخَطِكَ وَبِعَصَبِكَ ارْتَعَبْنَا. ⁸ قَدْ جَعَلْتَ أَيَّامَنَا أَمَامَكَ، خَفِينَاتِنَا فِي ضَوْءِ وَجْهِكَ. ⁹ لِأَنَّ كُلَّ أَيَّامِنَا قَدْ انْقَضَتْ بِرَجْرِكَ، أَفْتَيْنَا سِنِينَا كَقِصَّةٍ. ¹⁰ أَيَّامُ سِنِينَا هِيَ سَبْعُونَ سَنَةً وَإِنْ كَانَتْ مَعَ الْقُوَّةِ فَنَمَانُونَ سَنَةً وَأَفْخَرُهَا تَعَبٌ وَتَلِيَّةٌ، لِأَنَّهَا تُفْرَضُ سَرِيعاً فَتَطِيرُ. ¹¹ مَنْ يَعْرِفُ قُوَّةَ عَصَبِكَ؟ وَكَخَوْفِكَ سَخَطُكَ. ¹² إِخْصَاءُ أَيَّامِنَا هَكَذَا عَلَّمَنَا قُنُونِي قَلْبَ حِكْمَةٍ.

¹³ ارْجِعْ، يَا رَبُّ. حَتَّى مَتَى؟ وَتَرَأْفَ عَلَى عِبِيدِكَ. ¹⁴ أَشْبِعْنَا بِالْعَدَاةِ مِنْ رَحْمَتِكَ فَتَبْتَهَجْ وَتَفْرَحْ كُلُّ أَيَّامِنَا. ¹⁵ قَرَّحْنَا كَالْأَيَّامِ الَّتِي فِيهَا أَذَلَّتْنَا، كَالسَّنِينَ الَّتِي رَأَيْنَا فِيهَا سَرّاً. ¹⁶ لِيُظْهَرَ فِعْلُكَ لِعِبِيدِكَ وَجَلَالُكَ لِبَنِيهِمْ. ¹⁷ وَلِتَكُنْ نِعْمَةُ الرَّبِّ إِلَهُنَا عَلَيْنَا، وَعَمَلُ أَيْدِينَا تَبْتَ عَلَيْنَا، وَعَمَلُ أَيْدِينَا تَبْتُهُ.

¹ A Prayer of Moses the man of God. Lord, thou hast been our dwelling place in all generations. ² Before the mountains were brought forth, or ever thou hadst formed the earth and the world, even from everlasting to everlasting, thou art God. ³ Thou turnest man to destruction; and sayest, Return, ye children of men. ⁴ For a thousand years in thy sight are but as yesterday when it is past, and as a watch in the night. ⁵ Thou carriest them away as with a flood; they are as a sleep: in the morning they are like grass which groweth up. ⁶ In the morning it flourisheth, and groweth up; in the evening it is cut down, and withereth. ⁷ For we are consumed by thine anger, and by thy wrath are we troubled. ⁸ Thou hast set our iniquities before thee, our secret sins in the light of thy countenance. ⁹ For all our days are passed away in thy wrath: we spend our years as a tale that is told. ¹⁰ The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away. ¹¹ Who knoweth the power of thine anger? even according to thy fear, so is thy wrath. ¹² So teach us to number our days, that we may apply our hearts unto wisdom. ¹³ Return, O LORD, how long? and let it repent thee concerning thy servants. ¹⁴ O satisfy us early with thy mercy; that we may rejoice and be glad all our days. ¹⁵ Make us glad according to the days wherein thou hast afflicted us, and the years wherein we have seen evil. ¹⁶ Let thy work appear unto thy servants, and thy glory unto their children. ¹⁷ And let the

Psalms 90

beauty of the LORD our God be upon us:
and establish thou the work of our hands
upon us; yea, the work of our hands
establish thou it.