

١ يَا رَبِّ، اخْتَمَيْتُ فَلَا أَخْزَى إِلَى الدَّهْرِ. ٢ بَعْدَكَ تَجْنِي وَأَقْدُنِي، أَمِلْ إِلَيَّ أَدْنَكَ وَخَلِّصْنِي. ٣ كُنْ لِي صَخْرَةً مَلْجَأً أَدْخُلُهُ دَائِمًا. أَمَرْتُ بِخَلَّاصِي لِأَنَّكَ صَخْرَتِي وَحَصْنِي. ٤ يَا إِلَهِي، تَجْنِي مِنْ يَدِ السَّرِيرِ، مِنْ كَفِّ قَاعِلِ السَّرِّ وَالطَّالِمِ. ٥ لِأَنَّكَ أَنْتَ رَجَائِي، يَا سَيِّدِي الرَّبُّ، مَتَّكِلِي مُنْذُ صَبَايَ. ٦ عَلَيْكَ اسْتَدْتُ مِنَ الْبَطْنِ وَأَنْتَ مُخْرِجِي مِنْ أَحْشَاءِ أُمِّي، يَا تَسْبِيحِي دَائِمًا. ٧ صِرْتُ كَأَيَّةِ لَكِثِيرِينَ، أَمَّا أَنْتَ فَمَلَجَأِي الْقَوِيُّ. ٨ يَمْتَلِئُ قَمِي مِنْ تَسْبِيحِكَ، الْيَوْمَ كُلُّهُ مِنْ مَجْدِكَ.

٩ لَا تَرْفُضْنِي فِي رَمَنِ السَّيْخُوخَةِ، لَا تَتْرُكْنِي عِنْدَ قَتَاةٍ قُوتِي. ١٠ لِأَنَّ أَعْدَائِي تَقَاوَلُوا عَلَيَّ وَالَّذِينَ يَرْضُدُونَ نَفْسِي تَأْمَرُوا مَعًا قَائِلِينَ: إِنَّ اللَّهَ قَدْ تَرَكَهُ، الْخَفُوهُ وَأَمْسِكُوهُ لِأَنَّهُ لَا مُنْقِذَ لَهُ. ١٢ يَا إِلَهَ، لَا تَبْعُدْ عَنِّي. يَا إِلَهِي، إِلَى مَعْوَتِي أَسْرِعْ. ١٣ لِيَجْزِ وَيَقْنِ مُخَاصِمُو نَفْسِي، لِيَلَيْسَ الْعَارُ وَالْحَجَلُ الْمُتَمِشُونَ لِي شَرًّا. ١٤ أَمَّا أَنَا فَارْجُو دَائِمًا وَأَزِيدُ عَلَى كُلِّ تَسْبِيحِكَ. ١٥ قَمِي يُحَدِّثُ بَعْدَكَ، الْيَوْمَ كُلَّهُ بِخَلَّاصِكَ، لِأَنِّي لَا أَعْرِفُ لَهَا أَعْدَادًا. ١٦ أَنْبِي بَحَبْرَوَاتِ السَّيِّدِ الرَّبِّ، أَذْكُرْ بِرَكَ وَحْدَكَ. ١٧ اللَّهُمَّ، قَدْ عَلَّمْتَنِي مُنْذُ صَبَايَ وَإِلَى الْآنَ أَخِيرَ بَعَجَائِكَ. ١٨ وَأَبْصَأَ إِلَى السَّيْخُوخَةِ وَالسَّيْبِ، يَا إِلَهَ، لَا تَتْرُكْنِي، حَتَّى أَخِيرَ بِذِرَاعِكَ الْحَيْلِ الْمُقْبِلِ، وَتُفَوِّتَكَ كُلَّ آتٍ. ١٩ وَبُرُكَ إِلَى الْعَلْيَاءِ، يَا إِلَهَ، الَّتِي صَنَعْتَ الْعَطَائِمَ. يَا إِلَهَ، مَنْ مِثْلُكَ؟ ٢٠ أَنْتَ، الَّتِي أَرَبْنَا ضِيقَاتٍ كَثِيرَةً وَرَدْبَةً، تَعُودُ فَتُخَيِّسُنَا وَمِنْ أَعْمَاقِ الْأَرْضِ تَعُودُ فَتُصْعِدُنَا. ٢١ تَزِيدُ عَظَمَتِي وَتَرْجِعُ قُتْرَيْنِي. ٢٢ قَاتَا أَيْضًا أَحْمَدُكَ بِرَبَابٍ حَقِّكَ، يَا إِلَهِي. أَرَبُّمُ لَكَ بِالْعُودِ، يَا قُدُّوسَ إِسْرَائِيلَ. ٢٣ تَنْتَهَجُ شَقَائِي إِذْ أَرَبُّمُ لَكَ وَنَفْسِي الَّتِي قَدَيْتَهَا وَلِسَانِي أَيْضًا الْيَوْمَ كُلَّهُ يَلْهَجُ بِبِرِّكَ. ٢٤ لِأَنَّهُ قَدْ خَرَيْتَ، لِأَنَّهُ قَدْ حَجَلَ الْمُتَمِشُونَ لِي شَرًّا.

¹In thee, O LORD, do I put my trust: let me never be put to confusion. ²Deliver me in thy righteousness, and cause me to escape: incline thine ear unto me, and save me. ³Be thou my strong habitation, whereunto I may continually resort: thou hast given commandment to save me; for thou art my rock and my fortress. ⁴Deliver me, O my God, out of the hand of the wicked, out of the hand of the unrighteous and cruel man. ⁵For thou art my hope, O Lord GOD: thou art my trust from my youth. ⁶By thee have I been holden up from the womb: thou art he that took me out of my mother's bowels: my praise shall be continually of thee. ⁷I am as a wonder unto many; but thou art my strong refuge. ⁸Let my mouth be filled with thy praise and with thy honour all the day. ⁹Cast me not off in the time of old age; forsake me not when my strength faileth. ¹⁰For mine enemies speak against me; and they that lay wait for my soul take counsel together, ¹¹Saying, God hath forsaken him: persecute and take him; for there is none to deliver him. ¹²O God, be not far from me: O my God, make haste for my help. ¹³Let them be confounded and consumed that are adversaries to my soul; let them be covered with reproach and dishonour that seek my hurt. ¹⁴But I will hope continually, and will yet praise thee more and more. ¹⁵My mouth shall shew forth thy righteousness and thy salvation all the day; for I know not the numbers thereof. ¹⁶I will go in the strength of the Lord GOD: I will make mention of thy righteousness, even of thine only. ¹⁷O God, thou hast taught me from my youth: and

hitherto have I declared thy wondrous works.¹⁸ Now also when I am old and grayheaded, O God, forsake me not; until I have shewed thy strength unto this generation, and thy power to every one that is to come.¹⁹ Thy righteousness also, O God, is very high, who hast done great things: O God, who is like unto thee!²⁰ Thou , which hast shewed me great and sore troubles, shalt quicken me again, and shalt bring me up again from the depths of the earth.²¹ Thou shalt increase my greatness, and comfort me on every side.²² I will also praise thee with the psaltery, even thy truth, O my God: unto thee will I sing with the harp, O thou Holy One of Israel.²³ My lips shall greatly rejoice when I sing unto thee; and my soul, which thou hast redeemed.²⁴ My tongue also shall talk of thy righteousness all the day long: for they are confounded, for they are brought unto shame, that seek my hurt.