

لِدَاوُدَ، عِنْدَمَا غَيَّرَ عَقْلُهُ قُدَّامَ أَبِيمَالِكَ فَطَرَدَهُ
فَانْطَلَقَ.

¹أَبَارِكُ الرَّبَّ فِي كُلِّ حِينٍ، دَائِمًا تَسْبِيحُهُ فِي
فَمِي. ²بِالرَّبِّ تَفْتَخِرُ نَفْسِي، يَسْمَعُ الْوَدْعَاءُ
فَيَفْرَحُونَ. ³عَظُمُوا الرَّبَّ مَعِيَ وَلْتَعْلَلْ اسْمُهُ مَعًا.
⁴طَلَبْتُ إِلَى الرَّبِّ فَاسْتَجَابَ لِي، وَمِنْ كُلِّ مَخَافِي
أُنْقَذِي. ⁵تَطَرُّوا إِلَيْهِ وَاسْتَثَارُوا، وَوُجُوهُهُمْ لَمْ تَحْجَلْ. ⁶هَذَا
الْمُسْكِينُ صَرَخَ وَالرَّبُّ اسْتَمَعَهُ، وَمِنْ كُلِّ ضِيقَاتِهِ
خَلَّصَهُ. ⁷مَلَكَ الرَّبُّ خَالَ حَوْلَ خَائِفِيهِ وَنَجَّيَهُمْ. ⁸ذُوقُوا
وَانْطَرُّوا مَا أَطْيَبَ الرَّبِّ، طُوبَى لِلرَّجُلِ الْمُتَوَكِّلِ
عَلَيْهِ. ⁹انْقُصُوا الرَّبَّ، يَا قَدِّيسِيهِ، لِأَنَّهُ لَيْسَ عَوْرُ
لِمُتَقِيهِ. ¹⁰الْأَسْبَالُ اخْتَابَتْ وَجَاعَتْ وَأَمَّا طَالِبُو الرَّبِّ فَلَا
يُغَوِّرُهُمْ شَيْءٌ مِنَ الْخَبَرِ.

¹¹هَلُمَّ، أَيُّهَا الْبَنُونَ، اسْتَمِعُوا إِلَيَّ، فَأَعْلَمَكُم مَخَافَةَ
الرَّبِّ. ¹²مَنْ هُوَ الْإِنْسَانُ الَّذِي يَهْوَى الْحَيَاةَ وَيُحِبُّ كَثْرَةَ
الْأَيَّامِ لِيَتَرَى خَيْرًا؟ ¹³ضُنْ لِسَانَكَ عَنِ الشَّرِّ وَشَفَتَيْكَ عَنِ
التَّكْلَمِ بِالْغِشِّ. ¹⁴جِدْ عَنِ الشَّرِّ وَاصْبِعِ الْخَبَرِ، اطْلُبِ
السَّلَامَةَ وَاسْعَ وَرَاءَهَا. ¹⁵عَيْنَا الرَّبِّ تَحَوُّ الصِّدِّيقِينَ وَأَذْنَاهُ
إِلَى صُرَاخِهِمْ. ¹⁶وَجْهَ الرَّبِّ ضِدَّ غَامِلِي الشَّرِّ لِيَقْطَعَ مِنَ
الْأَرْضِ ذِكْرَهُمْ. ¹⁷أَوَلَيْكَ صَرَخُوا وَالرَّبُّ سَمِعَ، وَمِنْ كُلِّ
سَدَائِدِهِمْ أَنْقَذَهُمْ. ¹⁸قَرِيبٌ هُوَ الرَّبُّ مِنَ الْمُتَكْسِرِي
الْقُلُوبِ وَيُخَلِّصُ الْمُتَسَحِّفِي الرُّوحِ. ¹⁹كَثِيرَةٌ هِيَ بَلَايَا
الصِّدِّيقِ وَمِنْ جَمِيعِهَا يُنَجِّيه الرَّبُّ. ²⁰يَحْفَظُ جَمِيعَ
عِظَامِهِ، وَاجِدْ مِنْهَا لَا يَنْكَسِرُ. ²¹الشَّرُّ يُمِيتُ الشَّرِيرَ
وَيُبْغِضُ الصِّدِّيقَ يُعَاقِبُونَ. ²²الرَّبُّ قَادِي نُفُوسِ عِبِيدِهِ
وَكُلُّ مَنْ اتَّكَلَ عَلَيْهِ لَا يُعَاقَبُ.

¹ A Psalm of David, when he changed his behaviour before Abimelech; who drove him away, and he departed. I will bless the LORD at all times: his praise shall continually be in my mouth. ² My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad. ³ O magnify the LORD with me, and let us exalt his name together. ⁴ I sought the LORD, and he heard me, and delivered me from all my fears. ⁵ They looked unto him, and were lightened: and their faces were not ashamed. ⁶ This poor man cried, and the LORD heard him, and saved him out of all his troubles. ⁷ The angel of the LORD encampeth round about them that fear him, and delivereth them. ⁸ O taste and see that the LORD is good: blessed is the man that trusteth in him. ⁹ O fear the LORD, ye his saints: for there is no want to them that fear him. ¹⁰ The young lions do lack, and suffer hunger: but they that seek the LORD shall not want any good thing. ¹¹ Come, ye children, hearken unto me: I will teach you the fear of the LORD. ¹² What man is he that desireth life, and loveth many days, that he may see good? ¹³ Keep thy tongue from evil, and thy lips from speaking guile. ¹⁴ Depart from evil, and do good; seek peace, and pursue it. ¹⁵ The eyes of the LORD are upon the righteous, and his ears are open unto their cry. ¹⁶ The face of the LORD is against them that do evil, to cut off the remembrance of them from the earth. ¹⁷ The righteous cry, and the LORD heareth, and delivereth them out of all their troubles. ¹⁸ The LORD is nigh unto them that are of a broken heart; and

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saveth such as be of a contrite spirit.¹⁹ Many are the afflictions of the righteous: but the LORD delivereth him out of them all.²⁰ He keepeth all his bones: not one of them is broken.²¹ Evil shall slay the wicked: and they that hate the righteous shall be desolate.²² The LORD redeemeth the soul of his servants: and none of them that trust in him shall be desolate.