

مَرْمُورٌ لِدَاوُدَ.

¹ يَا رَبُّ، اسْمَعْ صَلَاتِي وَأَصْغِ إِلَى تَضَرُّعَاتِي، بِأَمَانَتِكَ اسْتَجِبْ لِي بِعَدْلِكَ. ² وَلَا تَدْخُلْ فِي الْمُحَاكَمَةِ مَعَ عَبْدِكَ، فَإِنَّهُ لَنْ يَتَبَرَّرَ قُدَّامَكَ حَيٌّ. ³ لَأَنَّ الْعَدُوَّ قَدْ اضْطَهَدَ نَفْسِي، سَخَقَ إِلَى الْأَرْضِ حَيَاتِي، أَجْلَسَنِي فِي الظُّلُمَاتِ مِثْلَ الْمَوْتِ مُنْذُ الدَّهْرِ. ⁴ أَغَيْثَ فِي رُوحِي، تَحَيَّرَ فِي دَاخِلِي قَلْبِي. ⁵ تَذَكَّرْتُ أَيَّامَ الْقَدَمِ، لَهَجْتُ بِكُلِّ أَعْمَالِكَ، يَصْنَعُ يَدُوكَ أَتَمَلُّ. ⁶ بَسَطْتُ إِلَيْكَ يَدَيَّ، نَفْسِي تَحْوِكُ كَأَرْضٍ يَابِسَةٍ. ⁷ سِرْعًا أَجِئْنِي، يَا رَبُّ. فَنِيثَ رُوحِي. لَا تَحْجُبْ وَجْهَكَ عَنِّي فَاسْئَلِ الْهَائِطِينَ فِي الْجُبِّ. ⁸ أَسْمِعْنِي، رَحْمَتِكَ فِي الْعِدَاةِ، لِأَنِّي عَلَيْكَ تَوَكَّلْتُ. عَرَّفَنِي الطَّرِيقَ الَّذِي أَسْلُكُ فِيهَا، لِأَنِّي إِلَيْكَ رَفَعْتُ نَفْسِي. ⁹ أَنْقِذْنِي مِنْ أَعْدَائِي، يَا رَبُّ، إِلَيْكَ التَّجَاؤُ. ¹⁰ عَلَّمْنِي أَنْ أَعْمَلَ رِضَاكَ، لِأَنَّكَ أَنْتَ إِلَهِي. رُوحَكَ الصَّالِحَ يَهْدِينِي فِي أَرْضِ مُسْتَوِيَةٍ. ¹¹ مِنْ أَجْلِ اسْمِكَ، يَا رَبُّ، تُجِئْنِي. بِعَدْلِكَ تُخْرِجُ مِنَ الضِّيقِ نَفْسِي. ¹² وَبِرَحْمَتِكَ تَسْتَاصِلُ أَعْدَائِي وَتُبِيدُ كُلَّ مُضَاقِي نَفْسِي، لِأَنِّي أَنَا عَبْدُكَ.

¹ A Psalm of David. Hear my prayer, O LORD, give ear to my supplications: in thy faithfulness answer me, and in thy righteousness. ² And enter not into judgment with thy servant: for in thy sight shall no man living be justified. ³ For the enemy hath persecuted my soul; he hath smitten my life down to the ground; he hath made me to dwell in darkness, as those that have been long dead. ⁴ Therefore is my spirit overwhelmed within me; my heart within me is desolate. ⁵ I remember the days of old; I meditate on all thy works; I muse on the work of thy hands. ⁶ I stretch forth my hands unto thee: my soul thirsteth after thee, as a thirsty land. Selah. ⁷ Hear me speedily, O LORD: my spirit faileth: hide not thy face from me, lest I be like unto them that go down into the pit. ⁸ Cause me to hear thy lovingkindness in the morning; for in thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto thee. ⁹ Deliver me, O LORD, from mine enemies: I flee unto thee to hide me. ¹⁰ Teach me to do thy will; for thou art my God: thy spirit is good; lead me into the land of uprightness. ¹¹ Quicken me, O LORD, for thy name's sake: for thy righteousness' sake bring my soul out of trouble. ¹² And of thy mercy cut off mine enemies, and destroy all them that afflict my soul: for I am thy servant.