

لِإِمَامِ الْمُغَنِّيْنَ. لِدَاوُدَ. مَرْمُورٌ.

يَا رَبِّ، قَدْ اخْتَبَرْتَنِي وَعَرَفْتَنِي.² أَنْتَ عَرَفْتَ جُلُوسِي
 وَقِيَامِي، فَهَمَّتْ فِكْرِي مِنْ تَعِيدِ³ مَسْلَكِي وَمَرَبِّصِي
 دَرَرْتِ، وَكُلُّ طُرُقِي عَرَفْتَ.⁴ لِأَنَّهُ لَيْسَ كَلِمَةً فِي لِسَانِي
 إِلَّا وَأَنْتَ، يَا رَبِّ، عَرَفْتَهَا كُلَّهَا.⁵ مِنْ خَلْفٍ وَمِنْ قُدَّامٍ
 خَاصَرْتَنِي وَجَعَلْتَ عَلَيَّ يَدَكَ.⁶ عَجِيبَةٌ هَذِهِ الْمَعْرِفَةُ
 قَوْفِي، ارْتَفَعْتَ، لَا أَسْتَطِيعُهَا.⁷ أَيْنَ أَذْهَبُ مِنْ رُوحِكَ،
 وَمِنْ وَجْهِكَ أَيْنَ أَهْرُبُ؟ إِنْ صَعِدْتُ إِلَى السَّمَاوَاتِ
 فَأَنْتَ هُنَاكَ، وَإِنْ قَرَسْتُ فِي الْهَوَايَةِ فَهَا أَنْتَ.⁹ إِنْ أَخَذْتُ
 جَنَاحِي الصُّبْحِ وَسَكَنْتُ فِي أَقَاصِي الْبَحْرِ،¹⁰ فَهَتَاكَ أَيْضًا
 تَهْدِينِي يَدُكَ وَتُمْسِكُنِي يَمِينُكَ.¹¹ قَهْلْتُ: إِنَّمَا الظُّلْمَةُ
 تَغْشَايَنِي فَالْلَّيْلُ يُصِيبُ خَوْلِي.¹² الظُّلْمَةُ أَيْضًا لَا تَظْلِمُ
 لَدَيْكَ وَاللَّيْلُ مِثْلُ النَّهَارِ يُصِيبُ. كَالظُّلْمَةِ هَكَذَا الْبُورُ.
¹³ لِأَنَّكَ أَنْتَ اقْتَنَيْتَ كُلِّيَّةً، تَسْجَتَنِي فِي بَطْنِ
 أُمِّي.¹⁴ أَحْمَدُكَ مِنْ أَجْلِ أَنِّي قَدْ امْتَرْتُ عَجَبًا. عَجِيبَةٌ هِيَ
 أَعْمَالُكَ وَتَفْسِي تَعْرِفُ ذَلِكَ يَقِينًا.¹⁵ لَمْ تَخْتَفِ عَنْكَ
 عِظَامِي حِينَمَا صُنِعْتُ فِي الْخَوَاءِ وَرُفِعْتُ فِي أَعْمَاقِ
 الْأَرْضِ.¹⁶ رَأَيْتُ عَيْنَاكَ أَغْصَانِي، وَفِي سَفَرِكَ كُلَّهَا كُنَيْتُ
 يَوْمَ تَصَوَّرْتِ، إِذْ لَمْ يَكُنْ وَاجِدٌ مِنْهَا.¹⁷ مَا أَكْرَمَ أَفْكَارَكَ،
 يَا إِلَهُ، عِنْدِي، مَا أَكْثَرَ جُمْلَتَهَا.¹⁸ إِنْ أَحْصَاهَا فَهِيَ أَكْثَرُ
 مِنَ الرَّمْلِ. اسْتَيْقَظْتُ وَأَنَا بَعْدُ مَعَكَ.¹⁹ لَيْسَتْكَ تَقُولُ
 الْأَشْرَارَ، يَا إِلَهُ. فَيَا رَجَالَ الدِّمَاءِ، ابْعُدُوا عَنِّي.²⁰ الَّذِينَ
 يُكَلِّمُونَكَ بِالْمَكْرِ تَاطِفِينَ بِالْكَذِبِ، هُمْ أَغْدَاؤُكَ.²¹ أَلَا
 أَنْعَضُ مُنْغِصِيكَ، يَا رَبِّ، وَأَمْشُتُ مُقَاوِمِيكَ؟²² بَعْضًا تَأْمَأُ
 أَنْعَضْنَهُمْ، صَارُوا لِي أَغْدَاءً.²³ اخْتَبَرْنِي، يَا إِلَهُ، وَاعْرِفْ
 قَلْبِي، امْتَجَنِّي وَاعْرِفْ أَفْكَارِي.²⁴ وَأَنْظُرْ إِنْ كَانَ فِيَّ
 طَرِيقٌ بَاطِلٌ وَاهْدِينِي طَرِيقًا أَبَدِيًّا.

¹To the chief Musician, A Psalm of David. O LORD, thou hast searched me, and known me. ²Thou knowest my downsitting and mine uprising, thou understandest my thought afar off. ³Thou compassed my path and my lying down, and art acquainted with all my ways. ⁴For there is not a word in my tongue, but, lo, O LORD, thou knowest it altogether. ⁵Thou hast beset me behind and before, and laid thine hand upon me. ⁶Such knowledge is too wonderful for me; it is high, I cannot attain unto it. ⁷Whither shall I go from thy spirit? or whither shall I flee from thy presence? ⁸If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there. ⁹If I take the wings of the morning, and dwell in the uttermost parts of the sea; ¹⁰Even there shall thy hand lead me, and thy right hand shall hold me. ¹¹If I say, Surely the darkness shall cover me; even the night shall be light about me. ¹²Yea, the darkness hideth not from thee; but the night shineth as the day: the darkness and the light are both alike to thee. ¹³For thou hast possessed my reins: thou hast covered me in my mother's womb. ¹⁴I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well. ¹⁵My substance was not hid from thee, when I was made in secret, and curiously wrought in the lowest parts of the earth. ¹⁶Thine eyes did see my substance, yet being unperfect; and in thy book all my members were written, which in continuance were fashioned, when as yet there was none of them. ¹⁷How precious also are thy thoughts unto me, O God! how

great is the sum of them!¹⁸ If I should count them, they are more in number than the sand: when I awake, I am still with thee.¹⁹ Surely thou wilt slay the wicked, O God: depart from me therefore, ye bloody men.²⁰ For they speak against thee wickedly, and thine enemies take thy name in vain.²¹ Do not I hate them, O LORD, that hate thee? and am not I grieved with those that rise up against thee?²² I hate them with perfect hatred: I count them mine enemies.²³ Search me, O God, and know my heart: try me, and know my thoughts.²⁴ And see if there be any wicked way in me, and lead me in the way everlasting.