

¹أَحْبَبْتُ، لِأَنَّ الرَّبَّ يَسْمَعُ صَوْنِي، ²تَصْرَعَانِي. ³لَأَنَّهُ أَمَالَ أَدْنُهُ إِلَيَّ فَأَدْعُوهُ مُدَّةَ حَيَاتِي. ⁴أَكْتَفَنِي جِبَالُ الْمَوْتِ، أَصَابَنِي شِدَائِدُ الْهَوَايَةِ، كَابَدْتُ ضِيقًا وَحُزْنًا. ⁵وَبِاسْمِ الرَّبِّ دَعَوْتُ: آه، يَا رَبُّ، نَجِّ نَفْسِي. ⁶الرَّبُّ حَيَّانٌ وَصِدِّيقٌ، وَلِهَذَا رَجِئْتُ. ⁷الرَّبُّ خَافِطُ الْبُسْطَاءِ، تَدَلَّلْتُ فَخَلَّصَنِي. ⁸أَرْجِعِي، يَا نَفْسِي، إِلَى رَاحَتِكَ، لِأَنَّ الرَّبَّ قَدْ أَحْسَنَ إِلَيْكَ. ⁹لَأَنَّكَ أَنْقَذْتَ نَفْسِي مِنَ الْمَوْتِ، وَعَيْنِي مِنَ الدَّمَاعَةِ، وَرَجَلِي مِنَ الرَّقِ. ¹⁰أَسْلَكَ قُدَّامَ الرَّبِّ فِي أَرْضِ الْأَحْيَاءِ.

¹¹أَمَنْتُ لِذَلِكَ تَكَلَّمْتُ: أَتَا تَدَلَّلْتُ جِدًّا. ¹²أَنَا قُلْتُ فِي خَيْرَتِي: كُلُّ إِنْسَانٍ كَاذِبٌ. ¹³مَاذَا أُرِدُّ لِلرَّبِّ مِنْ أَجْلِ كُلِّ حَسَنَاتِهِ لِي؟ ¹⁴كَأَسَ الْخَلَّاصِ أَتَّأَوَّلُ وَبِاسْمِ الرَّبِّ أَدْعُو. ¹⁵أَوْفِي تُدُورِي لِلرَّبِّ مُقَابِلَ كُلِّ شَعْبِهِ. ¹⁶عَزِيزٌ فِي عَيْنِي الرَّبُّ مَوْتُ أَنْفِيَانِي. ¹⁷آه، يَا رَبُّ، لِأَنِّي عَبْدُكَ، أَتَا عَبْدُكَ ابْنُ أَمَتِكَ. ¹⁸خَلَلْتُ قُبُورِي. ¹⁹فَلَكَ أَدْبِجُ دَبِيحَةٍ حَمْدٍ وَبِاسْمِ الرَّبِّ أَدْعُو. ²⁰أَوْفِي تُدُورِي لِلرَّبِّ مُقَابِلَ شَعْبِهِ، فِي دِيَارِ بَيْتِ الرَّبِّ، فِي وَسْطِكَ، يَا أَوْرُشَلِيمَ. هَلَلُوبَا.

¹I love the LORD, because he hath heard my voice and my supplications. ²Because he hath inclined his ear unto me, therefore will I call upon him as long as I live. ³The sorrows of death compassed me, and the pains of hell gat hold upon me: I found trouble and sorrow. ⁴Then called I upon the name of the LORD; O LORD, I beseech thee, deliver my soul. ⁵Gracious is the LORD, and righteous; yea, our God is merciful. ⁶The LORD preserveth the simple: I was brought low, and he helped me. ⁷Return unto thy rest, O my soul; for the LORD hath dealt bountifully with thee. ⁸For thou hast delivered my soul from death, mine eyes from tears, and my feet from falling. ⁹I will walk before the LORD in the land of the living. ¹⁰I believed, therefore have I spoken: I was greatly afflicted: ¹¹I said in my haste, All men are liars. ¹²What shall I render unto the LORD for all his benefits toward me? ¹³I will take the cup of salvation, and call upon the name of the LORD. ¹⁴I will pay my vows unto the LORD now in the presence of all his people. ¹⁵Precious in the sight of the LORD is the death of his saints. ¹⁶O LORD, truly I am thy servant; I am thy servant, and the son of thine handmaid: thou hast loosed my bonds. ¹⁷I will offer to thee the sacrifice of thanksgiving, and will call upon the name of the LORD. ¹⁸I will pay my vows unto the LORD now in the presence of all his people, ¹⁹In the courts of the LORD's house, in the midst of thee, O Jerusalem. Praise ye the LORD.