

### أولاد النور

<sup>1</sup>فَكُونُوا مُتَمَثِّلِينَ بِاللَّهِ كَأَوْلَادٍ أَحِبَّاءَ،<sup>2</sup> وَاسْلُكُوا فِي الْمَحَبَّةِ كَمَا أَحَبَّنَا الْمَسِيحُ أَيْضاً وَأَسْلَمَ نَفْسَهُ لَاجِلِنَا، قُرْبَاناً وَذَبِيحَةً لِلَّهِ، رَائِحَةً طَيِّبَةً.

<sup>3</sup>وَأَمَّا الرِّبَا وَكُلُّ تَجَاسِيَةٍ أَوْ طَمَعٍ فَلَا يُسَمِّ بَيْنَكُمْ، كَمَا يَلِيقُ بِقِدِّيسِينَ،<sup>4</sup> وَلَا الْقَبَاحُ وَلَا كَلَامُ السَّفَاهَةِ وَالْهَزْلِ، الَّتِي لَا تَلِيقُ، بَلْ بِالْحَرِيِّ السُّكْرِ.<sup>5</sup> فَإِنَّكُمْ تَعْلَمُونَ هَذَا: أَنَّ كُلَّ زَانٍ أَوْ تَجَسٍّ أَوْ طَمَاعٍ، الَّذِي هُوَ غَايِدٌ لِلأَوْتَانِ، لَيْسَ لَهُ مِيرَاثٌ فِي مَلَكُوتِ الْمَسِيحِ وَاللَّهِ،<sup>6</sup> لَا يَغْرَكُمْ أَحَدٌ بِكَلَامٍ بَاطِلٍ، لِأَنَّهُ يَسَبِّبُ هَذِهِ الْأُمُورَ يَأْتِي غَضَبُ اللَّهِ عَلَى أَيْتَاءِ الْمَعْصِيَةِ.<sup>7</sup> فَلَا تَكُونُوا شُرَكَاءَهُمْ،<sup>8</sup> لِأَنَّكُمْ كُنْتُمْ قَبْلًا طَلَمَةً وَأَمَّا الْآنَ فَتُورُ فِي الرَّبِّ، اسْلُكُوا كَأَوْلَادٍ نُورٍ،<sup>9</sup> لِأَنَّ تَمَرِ الرُّوحِ هُوَ فِي كُلِّ صَلَاحٍ وَبِرٍّ وَحَقٍّ،<sup>10</sup> مُخْتَبِرِينَ مَا هُوَ مَرْضِيٌّ عِنْدَ الرَّبِّ،<sup>11</sup> وَلَا تَسْتَرِكُوا فِي أَعْمَالِ الظُّلْمَةِ غَيْرِ الْمُتَوَرِّةِ بَلْ بِالْحَرِيِّ وَتُخَوِّهَا.<sup>12</sup> لِأَنَّ الْأُمُورَ الْحَادِثَةَ مِنْهُمْ سِرّاً ذِكْرُهَا أَيْضاً قَبِيحٌ،<sup>13</sup> وَلَكِنَّ الْكُلَّ، إِذَا تَوَجَّعَ، يُظْهَرُ بِالنُّورِ، لِأَنَّ كُلَّ مَا أَظْهَرَ فَهُوَ نُورٌ.<sup>14</sup> لِذَلِكَ يَقُولُ: اسْتَيْقِظْ، أَيُّهَا النَّائِمُ، وَفُضِّمْ مِنَ الْأَمَوَاتِ، قُبْضِيَّةَ لَكَ الْمَسِيحِ.

<sup>15</sup>فَاسْطُزُوا كَيْفَ تَسْلُكُونَ بِاللَّذِيقِ، لَا كَهَلَاءٍ بَلْ كَحُكَمَاءَ،<sup>16</sup> مُفْتَدِينَ الْوَقْتَ لِأَنَّ الْآيَاتِمْ شَرِيرَةٌ.<sup>17</sup> مِنْ أَجْلِ ذَلِكَ لَا تَكُونُوا أَعْيَاءَ بَلْ فَاهِمِينَ مَا هِيَ مَشِيئَةُ الرَّبِّ.<sup>18</sup> وَلَا تَسْكُرُوا بِالخَمْرِ، الَّذِي فِيهِ الْخَلَاعَةُ، بَلْ امْتَلِئُوا بِالرُّوحِ<sup>19</sup> مُكَلِّمِينَ بَعْضُكُمْ بَعْضاً بِمَزَامِيرَ وَتَسَابِيحَ وَأَغَانِيٍّ رُوحِيَّةٍ، مُتَرَنِّمِينَ وَمُزْتَمِّلِينَ فِي قُلُوبِكُمْ لِلرَّبِّ،<sup>20</sup> شَاكِرِينَ كُلَّ حِينٍ عَلَى كُلِّ شَيْءٍ فِي اسْمِ رَبَّنَا يَسُوعَ الْمَسِيحِ لِلَّهِ وَالْآبِ،<sup>21</sup> خَاضِعِينَ بَعْضُكُمْ لِبَعْضٍ فِي خَوْفِ اللَّهِ.

### نظام الحياة المسيحي

<sup>22</sup>أَيُّهَا النِّسَاءُ، اخْضَعْنَ لِرِجَالِكُنَّ كَمَا لِلرَّبِّ<sup>23</sup> لِأَنَّ الرَّجُلَ هُوَ رَأْسُ الْمَرْأَةِ كَمَا أَنَّ الْمَسِيحَ أَيْضاً رَأْسُ الْكَنِيسَةِ، وَهُوَ مُخْلَصُ الْجَسَدِ.<sup>24</sup> وَلَكِنْ كَمَا تَخْضَعُ الْكَنِيسَةُ لِلْمَسِيحِ كَذَلِكَ النِّسَاءُ لِرِجَالِهِنَّ فِي كُلِّ شَيْءٍ.<sup>25</sup> أَيُّهَا الرِّجَالُ، أَحِبُّوا نِسَاءَكُمْ كَمَا أَحَبَّ الْمَسِيحُ أَيْضاً الْكَنِيسَةَ وَأَسْلَمَ نَفْسَهُ لَاجِلِهَا<sup>26</sup> لِكَيْ يُقَدِّسَهَا، مُطَهِّراً إِيَّاهَا بِغَسْلِ الْمَاءِ بِالْكَلِمَةِ،<sup>27</sup> لِكَيْ يُخَصِّرَهَا لِنَفْسِهِ كَنِيسَةً مَجِيدَةً، لَا دَسَنَ فِيهَا وَلَا غَضَنَ أَوْ شَيْءٌ مِنْ مِثْلِ ذَلِكَ بَلْ تَكُونُ مُقَدَّسَةً وَبِلاَ عَيْبٍ.<sup>28</sup> كَذَلِكَ يَجِبُ عَلَى الرِّجَالِ أَنْ يُحِبُّوا نِسَاءَهُمْ

<sup>1</sup>Be ye therefore followers of God, as dear children;<sup>2</sup>And walk in love, as Christ also hath loved us, and hath given himself for us an offering and a sacrifice to God for a sweetsmelling savour.<sup>3</sup>But fornication, and all uncleanness, or covetousness, let it not be once named among you, as becometh saints;<sup>4</sup>Neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving of thanks.<sup>5</sup>For this ye know, that no whoremonger, nor unclean person, nor covetous man, who is an idolater, hath any inheritance in the kingdom of Christ and of God.<sup>6</sup>Let no man deceive you with vain words: for because of these things cometh the wrath of God upon the children of disobedience.<sup>7</sup>Be not ye therefore partakers with them.<sup>8</sup>For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light: (For the fruit of the Spirit is in all goodness and righteousness and truth;)<sup>10</sup>Proving what is acceptable unto the Lord.<sup>11</sup>And have no fellowship with the unfruitful works of darkness, but rather reprove them.<sup>12</sup>For it is a shame even to speak of those things which are done of them in secret.<sup>13</sup>But all things that are reprov'd are made manifest by the light: for whatsoever doth make manifest is light.<sup>14</sup>Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light.<sup>15</sup>See then that ye walk circumspectly, not as fools, but as wise,<sup>16</sup>Redeeming the time, because the days are evil.<sup>17</sup>Wherefore be ye not unwise, but understanding what the will of the

كَأَجْسَادِهِمْ. مَنْ يُجِبُّ امْرَأَتَهُ يُجِبُّ نَفْسَهُ، فَإِنَّهُ لَمْ  
يُبْعِضْ أَحَدٌ جَسَدَهُ قَطُّ بَلْ يَفُوتُهُ وَيُرَبِّيهِ كَمَا الرَّبُّ أَيْضاً  
لِلْكَنِيسَةِ. <sup>30</sup>لَأَنَّا أَعْصَاءُ جَسَمِهِ، مِنْ لَحْمِهِ وَمِنْ  
عِظَامِهِ. <sup>31</sup>مَنْ أَجْلُ هَذَا يَتْرُكُ الرَّجُلُ أَبَاهُ وَأُمَّهُ وَيَلْتَصِقُ  
بِامْرَأَتِهِ وَيَكُونُ الْإِثْنَانُ جَسَداً وَاحِداً. <sup>32</sup>هَذَا السِّرُّ عَظِيمٌ،  
وَلَكِنِّي أَنَا أَقُولُ مِنْ نَحْوِ الْمَسِيحِ وَالْكَنِيسَةِ. <sup>33</sup>وَأَمَّا أَنْتُمْ  
الْأَفْرَادُ، فَلْيُجِبْ كُلُّ وَاحِدٍ امْرَأَتَهُ هَكَذَا كَتَفْسِهِ، وَأَمَّا  
الْمَرْأَةُ فَلْتَهَبْ رَجُلَهَا.

Lord is. <sup>18</sup>And be not drunk with wine, wherein is excess; but be filled with the Spirit; <sup>19</sup>Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord; <sup>20</sup>Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ; <sup>21</sup>Submitting yourselves one to another in the fear of God. <sup>22</sup>Wives, submit yourselves unto your own husbands, as unto the Lord. <sup>23</sup>For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body. <sup>24</sup>Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing. <sup>25</sup>Husbands, love your wives, even as Christ also loved the church, and gave himself for it; <sup>26</sup>That he might sanctify and cleanse it with the washing of water by the word, <sup>27</sup>That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish. <sup>28</sup>So ought men to love their wives as their own bodies. He that loveth his wife loveth himself. <sup>29</sup>For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church: <sup>30</sup>For we are members of his body, of his flesh, and of his bones. <sup>31</sup>For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh. <sup>32</sup>This is a great mystery: but I speak concerning Christ and the church. <sup>33</sup>Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.