

¹To the chief Musician on Neginoth, A Psalm of David. Hear me when I call, O God of my righteousness: thou hast enlarged me when I was in distress; have mercy upon me, and hear my prayer.²O ye sons of men, how long will ye turn my glory into shame? how long will ye love vanity, and seek after leasing? Selah.³But know that the LORD hath set apart him that is godly for himself: the LORD will hear when I call unto him.⁴Stand in awe, and sin not: commune with your own heart upon your bed, and be still. Selah.⁵Offer the sacrifices of righteousness, and put your trust in the LORD.⁶There be many that say, Who will shew us any good? LORD, lift thou up the light of thy countenance upon us.⁷Thou hast put gladness in my heart, more than in the time that their corn and their wine increased.⁸I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety.

لِإِمَامِ الْمُحَنَّنِينَ عَلَى ذَوَاتِ الْأَوْتَارِ. مَرْمُورٌ
لِدَاوُدَ.

¹عِنْدَ دُعَائِي اسْتَجِبْ لِي، يَا إِلَهَ بَرِّي. فِي الضِّيقِ رَحِّبْتَ لِي، تَرَاءَفْ عَلَيَّ وَاسْمَعْ صَلَاتِي.
²يَا بَنِي الْبَشَرِ، حَتَّى مَتَى يَكُونُ مَجْدِي غَارًا؟ حَتَّى مَتَى تُجِبُّونَ الْبَاطِلَ وَتَبْتَغُونَ الْكَذِبَ؟ سِلَاةٌ. ³فَاعْلَمُوا أَنَّ الرَّبَّ قَدْ مَيَّرَ تَقِيَّتَهُ، الرَّبُّ يَسْمَعُ عِنْدَمَا أَدْعُوهُ. ⁴إِزْبَعُوا وَلَا تُحْطِئُوا. تَكَلَّمُوا فِي قُلُوبِكُمْ عَلَى مَصَاجِعِكُمْ وَاسْكُنُوا. سِلَاةٌ. ⁵إِذْبَحُوا ذَبَائِحَ الْبَرِّ وَتَوَكَّلُوا عَلَى الرَّبِّ.
⁶كثِيرُونَ يَقُولُونَ: مَنْ يَرِينَا خَيْرًا؟ ازْفَعْ عَلَيْنَا نُورَ وَجْهِكَ، يَا رَبِّ. ⁷جَعَلْتَ سُورًا فِي قَلْبِي أَعْظَمَ مِنْ سُورِهِمْ إِذْ كَثُرَتْ حِطَّتُهُمْ وَخَمَرُهُمْ. ⁸بِسَلَامَةٍ لِّصْطَجِعٍ بَلْ أَيْضًا أَنَامُ. لِأَنَّكَ أَنْتَ، يَا رَبِّ، مُنْقِرِدًا، فِي طَمَائِنَةٍ تُسَكِّنُنِي.