

عن الصدقة

¹اِحْتَرِزُوا مِنْ أَنْ تَصْنَعُوا صَدَقَتَكُمْ قُدَّامَ النَّاسِ لِكَيْ يَنْظُرُوكُمْ، وَإِلَّا فَلَيْسَ لَكُمْ أَجْرٌ عِنْدَ أَبِيكُمْ الَّذِي فِي السَّمَاوَاتِ. ²فَمَتَى صَنَعْتَ صَدَقَةً فَلَا تَصَوِّتْ قُدَّامَكَ بِالْبُوقِ كَمَا يَفْعَلُ الْمُرَاوُونَ فِي الْمَجَامِعِ وَفِي الْأَرْقَةِ لِكَيْ يُمَجِّدُوا مِنْ النَّاسِ. الْحَقُّ أَقُولُ لَكُمْ: إِنَّهُمْ قَدْ اسْتَوْفَوْا أَجْرَهُمْ. ³وَأَمَّا أَنْتَ فَمَتَى صَنَعْتَ صَدَقَةً فَلَا تُعَرِّفْ شِمَالَكَ مَا تَفْعَلُ يَمِينُكَ، لِكَيْ تَكُونَ صَدَقَتُكَ فِي الْخَفَاءِ، فَأَبُوكَ الَّذِي يَرَى فِي الْخَفَاءِ هُوَ يُجَارِيكَ غَلَايَةً.

عن الصلاة، الصلاة الربانية

⁵وَمَتَى صَلَّيْتَ فَلَا تَكُنْ كَالْمَرَاتِينِ، فَإِنَّهُمْ يُجَبُّونَ أَنْ يُصَلُّوا قَائِمِينَ فِي الْمَجَامِعِ وَفِي زَوَايَا الشُّوَارِعِ لِكَيْ يَظْهَرُوا لِلنَّاسِ، الْحَقُّ أَقُولُ لَكُمْ: إِنَّهُمْ قَدْ اسْتَوْفَوْا أَجْرَهُمْ. ⁶وَأَمَّا أَنْتَ فَمَتَى صَلَّيْتَ فَادْخُلْ إِلَى مَخْدَعِكَ وَأَغْلِقْ بَابَكَ وَصَلِّ إِلَى أَبِيكَ الَّذِي فِي الْخَفَاءِ، فَأَبُوكَ الَّذِي يَرَى فِي الْخَفَاءِ يُجَارِيكَ غَلَايَةً. ⁷وَحِينَمَا تُصَلُّونَ لَا تُكْرِّرُوا الْكَلَامَ بَاطِلًا كَالْأَمَمِ، فَإِنَّهُمْ يَطْفُونُ أَنَّهُ يَكْتَرُهُ كَلَامِهِمْ يُسْتَجَابُ لَهُمْ. ⁸فَلَا تَتَسَهَّوْا بِهِمْ، لَأَنَّ أَبَاكُمْ يَعْلَمُ مَا تَجْتَاجُونَ إِلَيْهِ قَبْلَ أَنْ تَسْأَلُوهُ.

⁹فَصَلُّوا أَنْتُمْ هَكَذَا: أَبَاتَا الَّذِي فِي السَّمَاوَاتِ، لِيَتَقَدَّسَ اسْمُكَ. ¹⁰لِيَأْتِ مَلِكُوكُ. لِيَكُنْ مَشِيئَتُكَ كَمَا فِي السَّمَاءِ كَذَلِكَ عَلَى الْأَرْضِ. ¹¹خُبِّرْنَا كَقَاتِنَا أَعْطِنَا الْيَوْمَ. ¹²وَاغْفِرْ لَنَا دُنُوبَنَا كَمَا تَغْفِرُ تَحَنُّنًا أَيْضًا لِلْمُذْنِبِينَ إِلَيْنَا. ¹³وَلَا تُدْخِلْنَا فِي تَجَرِبَةٍ، لَكِنْ نَجِّنَا مِنَ الشَّرِّ. لَأَنَّ لَكَ الْمُلْكَ وَالْقُوَّةَ وَالْمَجْدَ إِلَى الْأَبَدِ، آمِينَ. ¹⁴فَإِنَّهُ إِنْ غَفَرْتُمْ لِلنَّاسِ زَلَّاتِهِمْ يَغْفِرْ لَكُمْ أَيْضًا أَسْوَءُ السَّمَاوِيِّ. ¹⁵وَأِنْ لَمْ تَغْفِرُوا لِلنَّاسِ زَلَّاتِهِمْ لَا يَغْفِرْ لَكُمْ أَسْوَءُ أَيْضًا زَلَّاتِهِمْ.

عن الصوم

¹⁶وَمَتَى صُمَّمْتُمْ فَلَا تَكُونُوا غَايِسِينَ كَالْمَرَاتِينِ، فَإِنَّهُمْ يُعَبِّرُونَ وَجُوهَهُمْ لِكَيْ يَظْهَرُوا لِلنَّاسِ صَائِمِينَ. الْحَقُّ أَقُولُ لَكُمْ: إِنَّهُمْ قَدْ اسْتَوْفَوْا أَجْرَهُمْ. ¹⁷وَأَمَّا أَنْتَ فَمَتَى صُمَّمْتَ فَادْخُلْ رَأْسَكَ وَاغْسِلْ وَجْهَكَ، لِكَيْ لَا يَظْهَرَ لِلنَّاسِ صَائِمًا بَلْ لِأَبِيكَ الَّذِي فِي الْخَفَاءِ، فَأَبُوكَ الَّذِي يَرَى فِي الْخَفَاءِ يُجَارِيكَ غَلَايَةً.

عن الكنز والقلب

¹⁹لَا تَكْنِزُوا لَكُمْ كُنُوزًا عَلَى الْأَرْضِ حَيْثُ يُفْسِدُ السُّوسُ وَالصَّدَأُ وَحَيْثُ يَنْقُبُ السَّارِقُونَ وَيَسْرِقُونَ. ²⁰بَلْ اكْنِزُوا لَكُمْ كُنُوزًا فِي السَّمَاءِ حَيْثُ لَا يُفْسِدُ سُّوسٌ وَلَا صَدَأٌ

¹Take heed that ye do not your alms before men, to be seen of them: otherwise ye have no reward of your Father which is in heaven. ²Therefore when thou doest thine alms, do not sound a trumpet before thee, as the hypocrites do in the synagogues and in the streets, that they may have glory of men. Verily I say unto you, They have their reward. ³But when thou doest alms, let not thy left hand know what thy right hand doeth: ⁴That thine alms may be in secret: and thy Father which seeth in secret himself shall reward thee openly. ⁵And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward. ⁶But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly. ⁷But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking. ⁸Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him. ⁹After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name. ¹⁰Thy kingdom come. Thy will be done in earth, as it is in heaven. ¹¹Give us this day our daily bread. ¹²And forgive us our debts, as we forgive our debtors. ¹³And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen. ¹⁴For if ye forgive men their

trespasses, your heavenly Father will also forgive you:¹⁵ But if ye forgive not men their trespasses, neither will your Father forgive your trespasses.¹⁶ Moreover when ye fast, be not, as the hypocrites, of a sad countenance: for they disfigure their faces, that they may appear unto men to fast. Verily I say unto you, They have their reward.¹⁷ But thou, when thou fastest, anoint thine head, and wash thy face;¹⁸ That thou appear not unto men to fast, but unto thy Father which is in secret: and thy Father, which seeth in secret, shall reward thee openly.¹⁹ Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal:²⁰ But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal:²¹ For where your treasure is, there will your heart be also.²² The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.²³ But if thine eye be evil, thy whole body shall be full of darkness. If therefore the light that is in thee be darkness, how great is that darkness!²⁴ No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon.²⁵ Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?²⁶ Behold the fowls of the air: for they sow not, neither do they reap, nor

وَحَيْثُ لَا يَنْقُبُ سَارِقُونَ وَلَا يَسْرِقُونَ.²¹ لِأَنَّهُ حَيْثُ يَكُونُ كَنْزُكَ هُنَاكَ يَكُونُ قَلْبُكَ أَيْضًا.²² سِرَاجُ الْجَسَدِ هُوَ الْعَيْنُ، فَإِنْ كَانَتْ عَيْنُكَ بَسِيطَةً فَجَسَدُكَ كُلُّهُ يَكُونُ نَبْرًا.²³ وَإِنْ كَانَتْ عَيْنُكَ شَرِيرَةً فَجَسَدُكَ كُلُّهُ يَكُونُ مُظْلِمًا. فَإِنْ كَانَ النُّورُ الَّذِي فِيكَ ظَلَامًا فَالظَّلَامُ كَمُ يَكُونُ.²⁴ لَا يَقْدِرُ أَحَدٌ أَنْ يَخْدِمَ سَيِّدَيْنِ، لِأَنَّهُ إِمَّا أَنْ يُبْغِضَ الْوَاحِدَ وَيُحِبَّ الْآخَرَ أَوْ يُلَازِمَ الْوَاحِدَ وَيُخْتَفِرَ الْآخَرَ، لَا تَقْدِرُونَ أَنْ تَخْدُمُوا اللَّهَ وَالْمَالَ. لِذَلِكَ أَقُولُ لَكُمْ: لَا تَهْتَمُّوا لِحَيَاتِكُمْ بِمَا تَأْكُلُونَ وَبِمَا تَشْرَبُونَ، وَلَا لِأَجْسَادِكُمْ بِمَا تَلْبَسُونَ. أَلَيْسَتْ الْحَيَاةُ أَفْضَلُ مِنَ الطَّعَامِ وَالْجَسَدِ أَفْضَلُ مِنَ اللِّبَاسِ؟²⁶ أَنْظُرُوا إِلَى طُيُورِ السَّمَاءِ، إِنَّهَا لَا تَزْرَعُ وَلَا تَحْصُدُ وَلَا تَجْمَعُ إِلَى مَخَازِنَ، وَأَبْوَكُمُ السَّمَاوِيِّ يَهْوِيهَا. أَلَيْسَتْ أَنْتُمْ بِالْحَرِيِّ أَفْضَلُ مِنْهَا؟²⁷ وَمَنْ مِنْكُمْ إِذَا اهْتَمَّ يَقْدِرُ أَنْ يَزِيدَ عَلَى قَامَتِهِ ذِرَاعًا وَاحِدَةً؟²⁸ وَلِمَاذَا تَهْتَمُّونَ بِاللِّبَاسِ؟ تَأْمَلُوا زَنَايِقَ الْحَقْلِ كَيْفَ تَنْمُو، لَا تَتَعَبُ وَلَا تَغْزِلُ،²⁹ وَلَكِنْ أَقُولُ لَكُمْ: إِنَّهُ وَلَا سَلِيمَانٌ فِي كُلِّ مَجْدِهِ كَانَ يَلْبَسُ كَوَاجِدَةً مِنْهَا.³⁰ فَإِنْ كَانَ غُشِبُ الْحَقْلِ الَّذِي يُوجَدُ الْيَوْمَ وَيُطْرَحُ غَدًا فِي النَّوْرِ يُلْبِسُهُ اللَّهُ هَكَذَا، أَفَلَيْسَ بِالْحَرِيِّ جِدًّا يُلْبِسُكُمْ أَنْتُمْ، يَا قَلِيلِي الْإِيمَانِ؟³¹ فَلَا تَهْتَمُّوا قَائِلِينَ: مَاذَا نَأْكُلُ؟ أَوْ مَاذَا نَشْرَبُ؟ أَوْ مَاذَا نَلْبَسُ؟³² فَإِنَّ هَذِهِ كُلَّهَا تَطْلُبُهَا الْأُمَمُ، لِأَنَّ آبَاكُمْ السَّمَاوِيِّ يَعْلَمُ أَنَّكُمْ تَحْتَاجُونَ إِلَى هَذِهِ كُلِّهَا. لَكِنْ³³ اطْلُبُوا أَوَّلًا مَلَكُوتَ اللَّهِ وَبِرَّهُ وَهَذِهِ كُلُّهَا تُرَادُّ لَكُمْ.³⁴ فَلَا تَهْتَمُّوا لِلْعَدِ، لِأَنَّ الْعَدَّ يَهْتَمُّ بِمَا لِنَفْسِهِ، يَكْفِي الْيَوْمَ شَرُّهُ.

gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?²⁷ Which of you by taking thought can add one cubit unto his stature?²⁸ And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:²⁹ And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.³⁰ Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, shall he not much more clothe you, O ye of little faith?³¹ Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?³² (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.³³ But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.³⁴ Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.