

## أولاد النور

<sup>1</sup>فَكُونُوا مُتَمَثِّلِينَ بِاللَّهِ كَأَوْلَادِ آبَاءٍ، <sup>2</sup>وَأَسْلُكُوا فِي الْمَحَبَّةِ كَمَا أَحَبَّنَا الْمَسِيحُ أَيْضاً وَأَسْلَمَ نَفْسَهُ لَاجِلْنَا، قُرْبَاناً وَذَبِيحَةً لِلَّهِ، رَاحَةً طَيِّبَةً.

<sup>3</sup>وَأَمَّا الرِّبَا وَكُلُّ تَجَاسٍ أَوْ طَمَعٍ فَلَا يُسَمَّ بَيْنَكُمْ، كَمَا يَلِيْقُ بِقِدِّيسِينَ، <sup>4</sup>وَلَا الْقَبَاحَةُ وَلَا كَلَامُ السَّفَاهَةِ وَالْهَزْلُ، الَّتِي لَا يَلِيْقُ، بَلْ بِالْحَرِيِّ السُّكْرُ. <sup>5</sup>فَيَبْكُمُ تَعْلَمُونَ هَذَا: أَنَّ كُلَّ زَانٍ أَوْ تَجَسٍّ أَوْ طَمَاعٍ، الَّذِي هُوَ غَايِبٌ لِلأَوْتَانِ، لَيْسَ لَهُ مِيرَاثٌ فِي مَلَكُوتِ الْمَسِيحِ وَاللَّهِ. <sup>6</sup>لَا يَغْرُكُمُ أَحَدٌ بِكَلَامٍ بَاطِلٍ، لِأَنَّهُ يَسْتَبِ هَذِهِ الْأُمُورَ يَأْتِي غَضَبُ اللَّهِ عَلَى أَتْيَاءِ الْمُعْصِيَةِ. <sup>7</sup>فَلَا تَكُونُوا شُرَكَاءَهُمْ. <sup>8</sup>لأنَّكُمْ كُنْتُمْ قَبْلاً ظُلُمَةً وَأَمَّا الْآنَ قُنُورٌ فِي الرَّبِّ، اسْلُكُوا كَأَوْلَادِ نُورٍ، <sup>9</sup>لأنَّ تَمَرَّ الرُّوحِ هُوَ فِي كُلِّ صَلاَحٍ وَبِرٍّ وَحَقٍّ، <sup>10</sup>مُخْتَبِرِينَ مَا هُوَ مَرْضِيٌّ عِنْدَ الرَّبِّ، <sup>11</sup>وَلَا تَشْتَرِكُوا فِي أَعْمَالِ الظُّلْمَةِ غَيْرِ الثَّمَرَةِ بَلْ بِالْحَرِيِّ وَبُجُوحًا. <sup>12</sup>لأنَّ الْأُمُورَ الْخَادِيَةَ مِنْهُمْ سِرّاً ذَكَرَهَا أَيْضاً قُبْحٌ، <sup>13</sup>وَلَكِنَّ الْكُلَّ، إِذَا تَوَجَّحَ، يُظْهَرُ بِالنُّورِ، لِأَنَّ كُلَّ مَا أَظْهَرَ فَهُوَ نُورٌ. <sup>14</sup>لِذَلِكَ يَقُولُ: اسْتَيْقِظْ، أَيُّهَا النَّائِمُ، وَقُمْ مِنَ الْأَمْوَاتِ، فَيُضِيءَ لَكَ الْمَسِيحُ.

<sup>15</sup>فَانْظُرُوا كَيْفَ تَسْلُكُونَ بِالْتَدْقِيقِ، لَا كَجُهْلَاءَ بَلْ كَحُكَمَاءَ، <sup>16</sup>مُقْتَدِرِينَ الْوَقْتَ لِأَنَّ الْأَيَّامَ سَرِيبَةٌ. <sup>17</sup>مِنْ أَجْلِ ذَلِكَ لَا تَكُونُوا أَغْيَاءَ بَلْ فَاهِمِينَ مَا هِيَ مَشِيئَةُ الرَّبِّ. <sup>18</sup>وَلَا تَسْكُرُوا بِالْحَمْرِ، الَّذِي فِيهِ الْخَلَاعَةُ، بَلْ افْتَلِنُوا بِالرُّوحِ <sup>19</sup>مُكَلِّمِينَ بَعْضُكُمْ بَعْضاً بِمَزَامِيرَ وَتَسَابِيحَ وَأَغَانِي رُوحِيَّةٍ، مُتَرَنِّمِينَ وَمُزْتَمِّلِينَ فِي قُلُوبِكُمْ لِلرَّبِّ، <sup>20</sup>شَاكِرِينَ كُلَّ جِنِّ عَلَى كُلِّ شَيْءٍ فِي اسْمِ رَبَّنَا يَسُوعَ الْمَسِيحِ لِلَّهِ وَالْآبِ، <sup>21</sup>خَاضِعِينَ بَعْضُكُمْ لِبَعْضٍ فِي خَوْفِ اللَّهِ.

## نظام الحياة المسيحي

<sup>22</sup>أَيُّهَا النِّسَاءُ، اخْضَعْنَ لِرِجَالِكُنَّ كَمَا لِلرَّبِّ <sup>23</sup>لأنَّ الرَّجُلَ هُوَ رَأْسُ الْمَرْأَةِ كَمَا أَنَّ الْمَسِيحَ أَيْضاً رَأْسُ الْكَنِيسَةِ، وَهُوَ مُخْلَصُ الْجَسَدِ. <sup>24</sup>وَلَكِنْ كَمَا تَخْضَعُ الْكَنِيسَةُ لِلْمَسِيحِ كَذَلِكَ النِّسَاءُ لِرِجَالِهِنَّ فِي كُلِّ شَيْءٍ. <sup>25</sup>أَيُّهَا الرِّجَالُ، أَحِبُّوا نِسَاءَكُمْ كَمَا أَحَبَّ الْمَسِيحُ أَيْضاً الْكَنِيسَةَ وَأَسْلَمَ نَفْسَهُ لَاجِلِهَا <sup>26</sup>لِكَيْ يُقَدِّسَهَا، مُطَهِّراً إِيَّاهَا بِغَسْلِ الْمَاءِ بِالْكَلِمَةِ، <sup>27</sup>لِكَيْ يُخَضِّرَهَا لِنَفْسِهِ كَنِيسَةً مَجِيدَةً، لَا دَسَنَ فِيهَا وَلَا غَضَنَ أَوْ شَيْءٌ مِنْ مِثْلِ ذَلِكَ بَلْ تَكُونُ مُقَدَّسَةً وَبِلاَ عَيْبٍ. <sup>28</sup>كَذَلِكَ يَجِبُ عَلَى الرِّجَالِ أَنْ يُحِبُّوا نِسَاءَهُمْ

<sup>1</sup>Be ye therefore followers of God, as dear children; <sup>2</sup>And walk in love, as Christ also hath loved us, and hath given himself for us an offering and a sacrifice to God for a sweetsmelling savour. <sup>3</sup>But fornication, and all uncleanness, or covetousness, let it not be once named among you, as becometh saints; <sup>4</sup>Neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving of thanks. <sup>5</sup>For this ye know, that no whoremonger, nor unclean person, nor covetous man, who is an idolater, hath any inheritance in the kingdom of Christ and of God. <sup>6</sup>Let no man deceive you with vain words: for because of these things cometh the wrath of God upon the children of disobedience. <sup>7</sup>Be not ye therefore partakers with them. <sup>8</sup>For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light: (For the fruit of the Spirit is in all goodness and righteousness and truth;) <sup>10</sup>Proving what is acceptable unto the Lord. <sup>11</sup>And have no fellowship with the unfruitful works of darkness, but rather reprove them. <sup>12</sup>For it is a shame even to speak of those things which are done of them in secret. <sup>13</sup>But all things that are reprovèd are made manifest by the light: for whatsoever doth make manifest is light. <sup>14</sup>Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light. <sup>15</sup>See then that ye walk circumspectly, not as fools, but as wise, <sup>16</sup>Redeeming the time, because the days are evil. <sup>17</sup>Wherefore be ye not unwise, but understanding what the will of the

Lord is.<sup>18</sup> And be not drunk with wine, wherein is excess; but be filled with the Spirit;<sup>19</sup> Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord;<sup>20</sup> Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;<sup>21</sup> Submitting yourselves one to another in the fear of God.<sup>22</sup> Wives, submit yourselves unto your own husbands, as unto the Lord.<sup>23</sup> For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body.<sup>24</sup> Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing.<sup>25</sup> Husbands, love your wives, even as Christ also loved the church, and gave himself for it;<sup>26</sup> That he might sanctify and cleanse it with the washing of water by the word,<sup>27</sup> That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.<sup>28</sup> So ought men to love their wives as their own bodies. He that loveth his wife loveth himself.<sup>29</sup> For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church:<sup>30</sup> For we are members of his body, of his flesh, and of his bones.<sup>31</sup> For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh.<sup>32</sup> This is a great mystery: but I speak concerning Christ and the church.<sup>33</sup> Nevertheless let every one of you in particular so love his wife even as himself; and the wife see that she reverence her husband.

كَأَجْسَادِهِمْ. مَنْ يُحِبُّ امْرَأَتَهُ يُحِبُّ نَفْسَهُ، قَائِلَهُ لَمْ يُبْغِضْ أَحَدٌ جَسَدَهُ قَطُّ بَلْ يَقُوُّهُ وَيُرَبِّيهِ كَمَا الرَّبُّ أَيْضاً لِلْكَنِيسَةِ. <sup>30</sup> لَأَنَّا أَعْضَاءُ جِسْمِهِ، مِنْ لَحْمِهِ وَمِنْ عِظَامِهِ. <sup>31</sup> مِنْ أَجْلِ هَذَا يَتْرُكُ الرَّجُلُ أَبَاهُ وَأُمَّهُ وَيَلْتَصِقُ بِامْرَأَتِهِ وَيَكُونُ الْإِنْسَانُ جَسَداً وَاحِداً. <sup>32</sup> هَذَا السِّرُّ عَظِيمٌ، وَلَكِنِّي أَنَا أَقُولُ مِنْ تَحْوِ الْمَسِيحِ وَالْكَنِيسَةِ. <sup>33</sup> وَأَمَّا أَنْتُمْ الْاَفْرَادُ، فَلْيُحِبَّ كُلُّ وَاحِدٍ امْرَأَتَهُ هَكَذَا كَنَفْسِهِ، وَأَمَّا الْمَرْأَةُ فَلْتَهَبْ رَجُلَهَا.